

## Principal's Report | – 2

This week in the Principal's Report the following topics are covered:

- \* 2024 Planning
- \* Student Leadership
- \* Congratulations Tyler B.
- \* Congratulations 6A students
- \* SunSmart & Thunderstorm Asthma



# East Bentleigh Primary School

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East Bentleigh 3165  
Phone: 9570 3525

Email: [east.bentleigh.ps@education.vic.gov.au](mailto:east.bentleigh.ps@education.vic.gov.au)

9th Nov 2023

Term 4 / Week 6, Issue 3

**A reminder to follow  
our school on  
[Instagram](#) and  
[Facebook](#)**

To help promote our school!

### SCHOOL VISION:

*East Bentleigh Primary School provides a rich, inviting, child-focused environment ensuring that all students feel safe and stimulated. Our students are able to achieve their full academic, creative and social potential, equipped for the challenges of lifelong learning. Students develop into healthy and confident individuals, actively contributing to the world in which they live.*

**At East Bentleigh Primary School we are committed to child safety.**

### **KISS & GO - DROP OFF/ PICK UP ZONE**

**STAY WITH YOUR CAR**

**2 MINUTE LIMIT**

8am - 9:30am & 2:30pm - 4pm

School Days

### Diary Dates

Prep 2024 Transition Program Wed 8th &  
22nd Nov 9:30-10:30am

Class 1M Play - Thurs 9th November  
3:15pm in PAC

PREP Swimming Week Mon 13th - Fri 17th  
Nov

Lunchtime Soiree - 1:40pm 14th Nov

Lunchtime Soiree - 1:40pm 15th Nov

Bentleigh Farmers' Mkt - Sat 25th Nov

1M Cranbourne Gardens - Mon 27th Nov

Class 1M Play - Thurs 30th November  
4:00pm in PAC

Christmas Carols - Wed 6th Dec 4pm PAC

Grade 6 Graduation - Thur 14th Dec 6pm

G6 Excursion - Enchanted Garden - Fri  
15th Dec

Awards Assembly - Mon 18th Dec 9am in  
PAC

**LAST DAY OF SCHOOL YEAR -  
for students - finish time 3:30pm  
- Tues 19th December**

Bentleigh Farmers' Mkt - Sat 23rd Dec

### **Principal's Report - Maria Shearn**

Hello everyone,

I hope that all our families enjoyed the 'mini break' afforded by the combining of a student free day and Tuesday's public holidays. The sunshine over the weekend was certainly a bonus.

A reminder to all our families that children must be actively supervised by parents after 3.45pm if they are still on school grounds. I ask that this active supervision extend to our neighbouring properties. Last week we had a very unfortunate incident well after school hours with a neighbour which has caused much upset to many. Whilst this was strictly speaking outside of our school's remit/responsibility, it has taken much of my time to try to resolve including dealing with police due to the aggressive actions involved.

**Maintaining good relations with our neighbours is key to the success and image of our school. We pride ourselves in being respectful in all of our dealings with others.**

In every walk of life, we'll all encounter times when our local community does something that affects us, or when we want to do something that will affect it. If we want to navigate these kinds of challenges successfully, then we need to meet them using a respectful problem solving approach, ensuring all voices are heard. I thank you for your understanding in this matter.

### **2024 Planning**

As previously advised we have commenced our planning for 2024 in earnest. This includes our staffing, programming and class allocations.

Preparing our classes is an exhaustive process that our staff commit many hours to getting right. There are many considerations in developing these classes including the social, emotional, behavioural and academic needs of each class. Whilst we are part of the way there, we are still not yet in a position to announce all classes and their teachers. I hope to include that all important information in our next newsletter. Additionally we always consult with our students as to who they would like to be with in their class next year.

When planning for next year it is imperative that we have received notifications of any new enrolments and that you have notified the school if you are leaving us at the end of the year. We try to manage the influx of new enrolments to sustain positive class sizes and forward planning is most helpful for this. Thank you for your support and timely communication on this matter.

**Continued next page.....**



East Bentleigh Primary School acknowledges Traditional Owners of Country throughout Australia and recognises the continuing connection to lands, waters and communities. We pay our respect to Aboriginal and Torres Strait Islander cultures and to Elders both past and present.

## Principal's Report - Maria Shearn

### Student Leadership

Next Monday will see the beginning of the process for the selection of our student leaders for 2024. We will be meeting with the Year 5 students to outline how the process will work and how they can best prepare themselves. They will also be given an opportunity to ask as many questions as they have.

Our student leaders for 2024 will be announced at our special **'Awards' assembly**, this year on **Monday 18<sup>th</sup> December**. This assembly will begin at **9.00 am** in the PAC. All are welcome to attend.

### Congratulations- Tyler B (6A)

We were delighted to hear the news shared by Maiko (Tyler's mum), that he was successful in the Glen Eira 'My Brother Jack' literary Competition. Tyler was highly commended for his futuristic story titled 'Another Regular Shopping Experience in 2546'. Well done Tyler. We are very proud of you.



### Congratulations- Year 6A students

Whilst we are in congratulatory mode, I'd like to congratulate the following students in 6A who were successful in their applications at their chosen secondary schools for 2024, to enter the accelerated programs at their respective schools. Whilst delighted for them, I can't say that I'm too surprised as each one of these fabulous students have been participants in the DE Victorian High Ability Program, (VHAP) over the last 2 years.

Well done to:

Patrick T. – English enrichment program at Sandringham SC

Joshi B. – Maths at Mc Kinnon SC

Ruilin Z. – Maths/English at Mordialloc SC

Willow T. – Art Academy at Sandringham SC

### Prepare to be SunSmart and for Thunderstorm Asthma Season

There are important steps that can be taken to ensure students are sun smart and safe at school. UV radiation is at its highest from mid - August to April and peaks during school hours. Schools are required to have measures in place to manage extreme heat and provide sun and UV protection. Extreme heat or a heatwave is a period of unusual and uncomfortable hot weather that can negatively affect health.

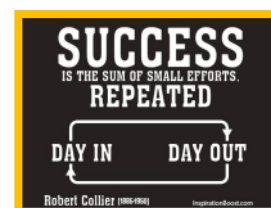
Asthma and hay fever symptoms increase every year between October and December. There is also the chance of an epidemic thunderstorm asthma event during grass pollen season. Increased risk of thunderstorm asthma can occur in people with:

- Asthma
- A past history of asthma
- Undiagnosed asthma
- Hay fever, who may not have asthma
- Poor control and self-management of asthma

To be sun smart and safe there are three important steps to take. These are:

1. Extreme heat and sun protection (hats, sunscreen, clothing, drink water, be outdoor in the coolest part of the day).
2. Thunderstorm asthma preparation (asthma medication easily accessible, avoid outside between October and December especially if windy; have asthma action plans and allergy plans up to date).
3. Thunderstorm asthma event alerts (subscribe to the Prepare and Get Ready – Victoria Emergency to receive warnings; emergency response procedures and following individual asthma action plans as needed.)

*\*\*Thought\*\**



Until next time - Maria Shearn, Principal 😊

## EBPS - Social Media Pages

A reminder to all that we have set up Facebook and Instagram pages to help promote our school - so please follow, like and share posts, to help get the word out about all the wonderful things our students are engaged with at school!



[https://www.instagram.com/east\\_bentleigh\\_primary\\_school/](https://www.instagram.com/east_bentleigh_primary_school/)



<https://www.facebook.com/profile.php?id=61550083316151>

Janette Grunfelder - Visual Arts and Craft Teacher, Literacy Intervention Teacher, School Council Communication Committee Member

## Literacy @ East Bentleigh PS

### WRITING IN CLASS 4



In class 4T we have been immersing ourselves in 'You Choose' stories. Did you know that the author George Ivanoff came to visit our school 6 years ago? This term, as part of our narrative writing cycle, we have decided to write our own 'You Choose' story in pairs. After brainstorming and planning, we are now in the process of drafting our stories and below are some nearly finished drafts.

Brainstorming ideas through a story board:



The drafting process:



Mila and Bodhi

Noah and Maximus







## Maths at EBPS



### Maths in Year 1/2

We have been having so much fun in maths this term. We created pirate treasure maps and wrote secret directions to guide our friends to the treasure. We learnt different strategies for adding numbers and explored additive patterns.

Some of the students in Year 1/2 share their understandings and thoughts about what they have done in maths:

#### Patterns

Patterns always repeat – Simran

Additive patterns always add a number or minus a number – Maelie

In patterns, you can use whatever order of items or colours you want and then repeat it – Bradely

Sometimes patterns don't repeat themselves, instead they grow and shrink - Guy

#### Addition

Addition can go up to any number. There are different ways to solve addition like using your fingers, column counting and just counting on – Bradely

I liked doing vertical addition – Simran

I like picturing column addition in my head – Maelie

There are different types of words for addition like add, plus, altogether, how many...-Guy

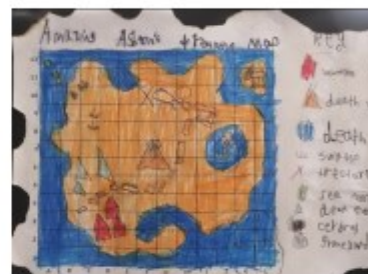
#### Maps

I liked making the tracks on the maps – Simran

I learnt which ways North, East, South and West by using Never Eat Soggy Weet-bix – Maelie

I learnt that you need to make a key with your maps - Bradley

I learnt to make a map look old, you can paint it with tea bags - Guy



# Wellbeing at EBPS

## THANK YOU

On Thursday 26<sup>th</sup> of October we held our 'Rainbow Day,' with the subtitle 'Be kind to everyone.'

This day was the initiative of the Student Wellbeing Leadership Team. They felt the rainbow represented all the differences we as human beings can have between us, but that together something beautiful is formed. Who doesn't love a rainbow?

The team wanted children to learn that although we are all different, everyone can be given the same regard and have the same rights.

We want to thank all those who participated and donated a gold coin. We raised \$200, which will be going towards constructing and installing a new friendship seat in the senior play area. We hope this will be a useful addition; a place where students can sit, talk and find company.

On Rainbow Day, during morning circle, students talked about kindness. Classes discussed what kindness means, brainstormed ways we can be kind to others and made kindness goals for the day.

In 5L discussions also included:

Who benefits when we are kind?

Do we need to be kind to someone who is unkind to us?

What do we do when we realise we have been unkind?

Discussion was lively, with varied opinions being expressed. Some of the thoughts the children shared were as follows:

- If you are unkind to someone, you might later regret it, so then you won't feel good.
- I think that the person you are being kind to benefits the most.
- If someone was unkind to me, I think I would be unkind to them right back.
- I think that when I am being kind to someone I also benefit, because it makes me feel good.
- I think it's important to be kind because then people will be kind to me.
- You should treat everyone the way you would like to be treated, no matter what they are like.

We also discussed just how difficult it can be to be kind to those who are unkind to us, have different opinions that we don't agree with, or we just don't like very much. It seems it is very much a goal to aim for, rather than being something we can achieve all the time. Still, you know what they say...

**'Shoot for the moon. Even if you miss, you'll land among the stars.'**



# Wellbeing at EBPS

## FAIRNESS - 5/6G & 5/6S



As a class we discussed what the word fairness means. It was hard to come up with a definition that everybody agreed on. We quickly worked out that it can mean different things to different people and even in different situations.

The words and phrases most suggested were - **equal, treated the same way, taking turns, everyone gets what they need, needs versus wants and not everything has to be fair.**

After our discussion students were given a short task to complete. Students worked with a partner or group (chosen fairly using our class name sticks), they were given a scenario about fairness, and these are some of their responses.

### ***If one person gets rewarded with a cookie, and the other person gets a toy, is that fair? (Ezra & Bas)***

"It's not that fair but it doesn't really matter because it's not a big deal. If they are little kids it might feel like more of an injustice and more unfair but ultimately in the end nothing bad happened."

### ***How can you display fairness when playing sport? (Ivri & Leila)***

"You can have even rules, everybody gets a turn and players have the same skill set. You need unbiased referees, an even playing field and no cheating."

### ***Do you believe everyone was created equal? What does that mean to you? (Toby, Joe & Rhejie)***

"No, because everyone is different and people have different opinions. Some humans are born with conditions that make things difficult."

### ***How would you feel if you saw someone being treated unfairly? (Gia & Sofia)***

"We would stick up for the person because no one should be treated unfairly. We would comfort the person and later we would speak to the person who was being unfair and find out why they did that."

### ***Is it easy or hard to show fairness? Why? (Charlie F & Adam)***

"It can be hard because sometimes you don't know the whole situation. For example, a teacher gives out lollies to the whole class, but they don't know that one student had done something wrong and was supposed to be in detention."

### ***Can teachers always be fair to all children? Explain (Saphy & Manan)***

"No, because everybody can't be treated the same and people have different needs. For example – Everyone makes mistakes. Teachers always try to be as fair as they can, but nobody can be perfect."

### ***Have you ever worked in a group and not everyone did their part? Is that fair? (Jordy & Isabella)***

"No, that is not fair because it's a group taking credit for one person's work. The person who doesn't do anything doesn't contribute which defeats the purpose of a group activity."

### ***Is the world always fair? Should you be fair if the world is not always fair? (Aydin)***

"Yes, I think you should always be fair because someone might be having a bad day and not being fair could make someone mad."









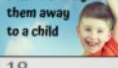





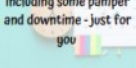

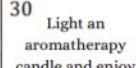

## Learning Diversity @ East Bentleigh PS

### The importance of self-care for parents

As we approach the end of the school year, we can find our resilience and energy stores are lower than optimum. When our lives get busier, it's easy to forget or run out of time to look after ourselves! Parents who are kind to themselves and take time to relax and recharge have better health and wellbeing and often find they have more energy for parenting. This is important, as we know parent wellbeing and parent confidence are associated with better outcomes for children with and without additional needs.

In saying that, finding the time is often a big challenge! Notable November is an initiative we encourage our staff to engage with, to prioritise self-care and compassion during a very busy term. We also encourage you, as parents and care givers, to try some of the simple self-care activities to recharge your 'tank' and gear up for the end of the year.

**30 Days of Notable November 2023**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>STRIVING FOR BALANCE</b> <b>22-23 JAN</b> <small>CHRISTCHURCH HAMILTON</small> <a href="http://www.teachersmatter.co.nz">www.teachersmatter.co.nz</a>	<b>25-26 JAN</b> <small>CHRISTCHURCH HAMILTON</small> <a href="http://www.teachersmatter.co.nz">www.teachersmatter.co.nz</a>		<b>1</b> Write a thank-you note for a special person in your life Teachers Matter BookClub	<b>2</b> Buy yourself some flowers	<b>3</b> <b>Fresh Fruit Friday</b> -add an extra piece of fruit into your lunch 	<b>4</b> Cook your favourite meal and enjoy with someone special in your life
<b>5</b> Savour your favourite chocolate or sweet treat today 	<b>6</b> Book a massage, manicure or pedicure this week 	<b>7</b> Buy a gift for yourself	<b>8</b> Do something small that scares you today THRIVE Leaders Webinar <b>BOLDER LEADERSHIP</b> Teachers Matter BookClub	<b>9</b> Buy, download or borrow an inspiring book to read	<b>10</b> <b>Fresh Fruit Friday</b> -add an extra piece of fruit into your lunch 	<b>11</b> Blow up some balloons and give them away to a child 
<b>12</b> Sit in the sunshine and soak up the rays <small>(and if such today is not as you want)</small>	<b>13</b> Finish your day with focusing on your favourite things	<b>14</b> Write a list of your great qualities THRIVE Leaders Webinar <b>The Future Leadership</b>	<b>15</b> Donate some items that you no longer use or need Teachers Matter BookClub	<b>16</b> Be encouraging to your colleagues and friends 	<b>17</b> <b>Fresh Fruit Friday</b> -add an extra piece of fruit into your lunch 	<b>18</b> Take a bubble bath or pampering shower
<b>19</b> Delete 3 apps off your phone that you don't need or are wasting your time!	<b>20</b> Dance like no-one is watching 	<b>21</b> Focus on what you are grateful for today	<b>22</b> Ring, hug and/or spend time with the people you love Promoting Student Agency Teachers Matter BookClub	<b>23</b> Get some sunshine <small>(or jump in puddles!)</small> THRIVE Leaders Webinar <b>High Performing Leaders</b>	<b>24</b> <b>Fresh Fruit Friday</b> -add an extra piece of fruit into your lunch 	<b>25</b> It's Karen's birthday today! Eat cake & enjoy 
<b>26</b> Plan your week, including some pamper and downtime - just for you 	<b>27</b> Turn your devices and screens off by 8pm 	<b>28</b> Write a list of all your achievements in your life	<b>29</b> Go for a brisk walk in the fresh air Teachers Matter BookClub	<b>30</b> Light an aromatherapy candle and enjoy the aroma 	<b>New Books</b>  <a href="http://spectrumeducation.com/shop-2">spectrumeducation.com/shop-2</a>	

# Parent Information

Outside School Hours Care

## Newsletter

East Bentleigh  
Primary School



Your  
OSHC.



# Rubbish Robots



After School Care  
13-17 November

[Book now](#)

### A message from your Coordinator

Hi Families,

Last week, our children had a blast participating in a Halloween-themed program. We celebrated Halloween in style, making healthy fruit platters that resembled spooky pumpkins. The kids had a great time with activities like mask painting, Halloween activity sheets and lots more art and craft.

Coming up next week, we have an exciting program—“Rubbish Robots” with the children. They will have the opportunity to learn all about sustainability and use a variety of mixed resources for different arts and crafts. It's a fantastic way for them to explore creativity while also promoting eco-friendly practices.

We look forward to another week filled with fun and educational activities for our little ones. Stay tuned for more updates on the exciting adventures happening at OSHC!



### Register free and book in 24/7 via our app

To attend our program, you must register your child. You can register an account with us at [pp.campastralia.com.au](http://pp.campastralia.com.au) or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



### Make a booking

Join in the fun of Outside School Hours Care activities and experiences with Your OSHC and Rocketeers.

[Book now](#)

Find out more and book now at [www.campastralia.com.au](http://www.campastralia.com.au)



## Talking with your school



Parents  Victoria  
Tip sheet



If you need to have a conversation/meeting with your school about a matter you would like to raise with them, here are some positive tips you could apply, to contribute and strive for effective interactions, to find the best way forward.

### Before the meeting

#### Think

- Before you make contact with the school, make a list of key points and be clear on the purpose of your communication.  
Ask yourself: what is the outcome you want? Consider: is it reasonable?

#### Wait

- If your feelings are running high, you might want to give yourself time to think about it, and reflect on what you actually want to achieve from this communication with the school.
- When you do make the communication, allow the school time to respond – school leaders and teachers are usually balancing many competing demands on their time.
- It's also OK to advise the school what time/date works best for you to have the conversation or meeting, so you are not feeling rushed or stressed.

#### Communicate

- Keep your communication clear and succinct – use a dot point list.  
It's good to acknowledge the school is busy but that you would appreciate acknowledgement of safe receipt of your communication and an indication of when you are likely to hear back (e.g. more than 48 hours?)
- State what you would like to see as the desired outcome of the matter, by suggesting any solutions or expectations and sharing them constructively and respectfully.
- Advise the school regarding the best times to contact you and state your preferred method of communication (meeting, phone call, SMS, email or if needed a teleconference/Zoom meeting.)

- It may not be possible to speak/meet with the Principal directly, so this responsibility may be delegated to someone else in the leadership team. Your acceptance of this delegate acknowledges the time pressures on Principals.
- If there are school policies or DET policy guidelines relevant to the issue at hand, request to be provided with access to these prior to the meeting.

### The meeting

- Take a dot-point list of discussion items so you don't leave anything out. It's essential that the school hears the back-story to your child's situation, however, don't dwell on historical events that are not relevant. It's critically important that the school understands the impact the matter is having on the child's learning and wellbeing, right now.
- Be realistic in your expectations and be open to options on how best to remedy the issue, or at least to find a way forward.
- If the issue is tricky or sensitive you may want a support person to assist you (e.g. a friend or family member). This person could also take notes for you.
- Both you and the school should know in advance who is attending the meeting - no one should be blind-sided.
- If meeting participants are not all introduced, it's OK to ask for introductions. You could also ask what is each person's role in attending. Confirm the meeting time duration.
- If you have a support person in attendance, agree on a signal you can give them if you are needing to exit for a break.
- It is OK to request a break and to step out of the meeting room for a moment to gather your thoughts.
- It's OK to ask the school/DET representatives to re-state any question, or to clarify anything you don't understand. If you are unclear what they mean, you could ask if they can illustrate an example of what they mean.
- Before you leave the meeting, confirm and make sure you understand agreed **actions** and **timelines** ('by when' dates).

### After the meeting

- Depending on timelines stated at the end of the meeting, if you have not heard back from the school by the agreed date, contact the school to request a progress status. It's also proactive to advise positive feedback if all is going well.
- Encourage your child to do a check-in with a trusted school contact, about how they are feeling or progressing.
- Even if you're still repairing your own relationship and/or sorting matters with the school, it's a positive step if the issue for your child has been addressed.

If matters haven't resolved, make contact with Parents Victoria for further guidance.



Phone: 0419 716 171

Online: [parents victoria.asn.au/contact](https://parents victoria.asn.au/contact)



## Taraleigh Steiner Kindergarten 2023 Advent Sticks



### *A magical advent experience starting on Sun 3<sup>rd</sup> of December*

A small team of dedicated and skilled volunteer parents have spent many hours lovingly handcrafting an extra special advent experience for you all this year.

Each of the 23 items handcrafted from natural materials has been carefully made to create a festive Christmas themed scene with the Earth's evolution depicted through each of the parcels.

Experience the wonder of the festive season with this special edition item.



Available for sale at:

<https://handcraftn.melbourne>



**\$50 per stick**

*All proceeds help to raise funds for Taraleigh Steiner Kindergarten and Playgroup*

**Free local pick up available**



## Community Information

PRESENTED BY GLEN EIRA CITY COUNCIL

# Diwali

FESTIVAL OF LIGHTS

Friday 10 November  
4.30pm-8pm  
Booran Reserve, Booran Road, Glen Huntly

**Doxa**  
YOUTH FOUNDATION

## Holiday Camps 2024

**DATES**  
Malmsbury Camp: Monday 8th - Friday 12th January  
City Camp - Monday 15th - Friday 19th January

MALMSBURY	CITY
Located in an idyllic bush setting in Central Victoria	Located in the heart of the Melbourne CBD
<input checked="" type="checkbox"/> High Ropes Activities	<input checked="" type="checkbox"/> Big Bash & Aus Open
<input checked="" type="checkbox"/> Canoeing & Swimming	<input checked="" type="checkbox"/> Pool & Beach
<input checked="" type="checkbox"/> Archery & Orienteering	<input checked="" type="checkbox"/> Melbourne Zoo & Museum
<input checked="" type="checkbox"/> Night Walk, Movie Night, Trivia	<input checked="" type="checkbox"/> Eureka Skydeck, Movie Night, Trivia

**TRANSPORT**  
Malmsbury: Doxa facilitated bus transport provided from Melbourne & Bendigo  
City: Doxa facilitated bus transport provided from Traralgon / Pakenham & Bendigo

**COST**  
Our holiday camps are FREE.  
Holiday camps are funded by our amazing donors and philanthropic ventures.

**FURTHER INFORMATION**  
Email: [info@doxa.org.au](mailto:info@doxa.org.au)  
Phone: (03) 9046 8200

## Advertising

**Disclaimer:** We thank the many organisations/businesses that support the publication of our newsletter by paying for their advertising. Whilst the Editor checks for appropriate content, E.B.P.S. does not endorse the conduct or service and encourages parents to investigate the product or service as they would for any purchase they are contemplating. Maria Shearn - Principal

**ASC**  
AUSTRALIAN SPORTS CAMPS

## THREE DAY SCHOOL HOLIDAY SPORTS CAMP!

**PROGRAM INCLUDES**

- 01 9-3pm each day
- 02 Cricket, Soccer, Netball and Basketball on offer
- 03 Suitable for all ages and skill levels
- 04 Guest appearances at selected programs

**Dates**  
January and late December.  
See website for more details

**LOCATIONS**  
Brighton and Hampton

**It was overall very positive and the kids made great connections with coaching staff and other participants**

**\$234.50 for 3 days!**  
Offer ends November 19!

**Contact Us:**  
1300 914 368  
[admin@australiansportscamps.com.au](mailto:admin@australiansportscamps.com.au)

**More Information:**  
[australiansportscamps.com.au](http://australiansportscamps.com.au)