

Principal's Report | - 3

This week in the Principal's Report the following topics are covered:

- * Naplan
- * Onsite Supervision
- * Father's Day
- * Bentleigh Farmers' Market
- * Enrolments 2022
- * Growth Mindsets in Children
- * Thank you



East Bentleigh Primary School

Bignell Road
East Bentleigh 3165
Phone: 9570 3525

Email: east.bentleigh.ps@education.vic.gov.au

2nd September 2021

Term 3 / Week 8, Issue 4

BREAKFAST CLUB IS HERE!

8:15-8:45am

in new Performing Arts
Centre (PAC)

*If your child has allergies—
please email*

*jane.ross@education.vic.gov.au
before they attend.*

Reporting Student Absences

Please remember to let the
school know by 9am if your
child will be absent.

Please call or email the school
office on Ph: 9570 3525 Email:
east.bentleigh.ps@education.vic.gov.au

You must also provide a
reason for the absence so that
we can accurately record it.

****A signed note by you is also
required - to be handed to the
class teacher for each
absence. Thank you**

Diary Dates

Last Day Term 3 - Fri 17th Sept
Early Finish - 2:30pm

First Day Term 4 - Mon 4th Oct
Starting time 8:50am

SCHOOL VISION:

East Bentleigh Primary School provides a rich, inviting, child-focused environment ensuring that all students feel safe and stimulated. Our students are able to achieve their full academic, creative and social potential, equipped for the challenges of lifelong learning. Students develop into healthy and confident individuals, actively contributing to the world in which they live.

At East Bentleigh Primary School we are committed to child safety.

Principal's Report - Maria Shearn

Hello everyone,

I am writing this on Wednesday just after the Premier's latest announcements regarding our state's COVID response. Whilst the announcement that schools are to continue to deliver remote learning programs for the remaining 2 weeks of the term was unsurprising given the trajectory and nature of the current statistics, I will admit to feeling a momentary sense of deflation as I sat at my desk at school. I understand all too well the pressures that remote learning is having on many families and am just like you waiting for the day we can have our students back onsite. I am so proud of everyone's efforts and resilience, working through the challenges. Thank you to all our families for your supervision and support at home.

NAPLAN

Our participating Year 3 and 5 student families will receive their child's results of the NAPLAN assessments held in May this year via snail mail over the next few days. We ask that you please ensure that these results are kept in a safe place as we cannot keep copies - only aggregated school data, which this year has been pleasing in many areas.

Please remember that these results are from testing that occurred in May of 2021 and that growth will have occurred since then despite the bouts of remote learning. Should you have any questions regarding any part of your child's NAPLAN results please do not hesitate to speak to your child's teacher in the first instance or to Sue Jackson or me for further clarification.

Pleasing as many of our results are, the following quote is from Barrowford Primary School in Lancashire, UK (which was sent home to students with their test results), resonates strongly with us at EBPS:-

" ... We are very proud of you as you demonstrated huge amounts of commitment and tried your very best. However, we are concerned that these tests do not always assess all of what it is that make each of you special and unique.

The people who create tests and score them do not know each of you...the way teachers do...and the way your families do.

** They do not know that many of you speak two languages.*

** They do not know that you can play a musical instrument or that you can dance or create.*

** They do not know that your friends count on you to be there for them or that your laughter can brighten the dreariest day.*

** They do not know that you write poetry or songs, play or participate in sports, wonder about the future, or that sometimes you have to take care of your little brother or sister after school.*

Continued next page.....



East Bentleigh Primary School acknowledges Traditional Owners of Country throughout Australia and recognises the continuing connection to lands, waters and communities. We pay our respect to Aboriginal and Torres Strait Islander cultures and to Elders both past and present.

Principal's Report - Maria Shearn

** They do not know that you have travelled...or that you know how to tell a great story or that you love spending time with special family members and friends.*

** They do not know that you can be trustworthy, kind or thoughtful, and that you try, every day, to be your very best...the scores you get will tell you something, but they will not tell you everything.*

So enjoy your results and be very proud of these but remember there are many ways of being smart."

For more information about NAPLAN please visit: <https://www.nap.edu.au/naplan/parent-carer-support>

I have just attended a briefing with DET Secretary David Howes who was at pains to recognise the significance of the Victorian NAPLAN 2021 results, given the extended challenges faced by educators and students in Victoria for the last 18 months.

Onsite Supervision

Despite our best efforts, Delta continues to sweep through Victoria. I appreciate the efforts of our community, keeping children at home and supporting their remote learning. Whilst we continue to provide on-site supervision, the guidelines set out by the Department of Health and the Department of Education are quite clear.

PLEASE request on-site attendance only for:

1. Children where both parents and/or carers are authorised workers **who cannot work** from home, work for an essential provider and where no other supervision arrangements can be made. **Authorised Worker Permits are required.**

*Where there are two parents/carers, both must be authorised workers, working outside the home in order for their children to be eligible for on-site provision.

*For single parents/carers, the authorised worker must be working outside the home in order for their children to be eligible for on-site provision.

2. Children experiencing vulnerability, including:

*children in out-of-home care;

*children deemed vulnerable by a government agency, funded family or family violence service, and is assessed as requiring education and care outside the family home;

*children identified by a school as vulnerable, including via referral from a government agency, or funded family or family violence service, homeless or youth justice service or mental health or other health service.

*Where a parent/carer indicates that a student with a disability is vulnerable because they cannot learn from home, and/or informs the school the student is vulnerable due to family stress, the school must provide on-site supervision for that student. This may apply to students enrolled in specialist schools and students with a disability enrolled in mainstream schools.

Should you need assistance please contact me by email or phoning the office. I understand how difficult it is, working from home and supervising your children's learning.

To ensure appropriate staffing arrangements, all requests for onsite supervision must be received by 3.00pm the Friday of the previous week after which time lists will be closed.



Father's Day

I hope that all our families have a special day on Sunday, and for those who cannot be together physically with their grandfathers - I hope you can make contact via phone, facetime or zoom.

To those parents who may have lost their fathers since last Fathers' Day and to those who hold their fathers deep in their hearts as I do, I think of you at this time. I'd also like to acknowledge the role of fathers providing such positive role modelling to children. Conversely I'd also like to acknowledge and respect that, where dads may not be in the home, there are mums, relatives, care-givers and guardians who give so much of themselves.

Bentleigh Farmers' Market

I'd like to acknowledge and thank the committed group of people who ensure the continued success of our school's one and only fundraiser. Last week we had a bumper number of attendees at the market with just over 1300 customers coming through our gates staffed by the welcoming faces of our parent and staff volunteers. Thank you to our regulars, (some who don't even have children at our school any more) for all that you do. You are very much appreciated.



Enrolments 2022

All scheduled tours have been cancelled. A virtual tour is available on our website as well as individual or group enrolment Webex interviews with the Principal. Enrolment forms and information may be found on our website. Applications for 2022 are being accepted by e-mail or post.

We are planning Prep Orientation differently to previous years, when we have been able to invite children and parents on-site. Information will be emailed directly to families who are enrolled to commence 2022, once we have finalised our transition programs.

Continued next page.....

Principal's Report - Maria Shearn

How to Foster a Growth Mindset in our Children

As we move glacially towards the end of the term with what can at times appear as no end in sight to restrictions and remote learning, developing a growth mindset is a tool that can help us all through the tough times. I am reprising this article from last year that I think is a timely reminder.

The following quote from Michael Jordan digs into the heart of the relationship between success and failure:

I've missed more than 9,000 shots in my career. I've lost almost 300 games. Twenty-six times I've been trusted to take the game - winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed.

This is a great perspective to share with our children when they are finding their particular learning journey tough going. One of the buzz words around children's mental health in lock down is **resilience**.

Here are a few strategies from the site psycom to help promote this essential quality in our children:

Promote Healthy Risk-Taking

This means encourage your child to do something that pushes them outside of their comfort zone, but results in very little harm if they are unsuccessful. When children avoid risk, they internalize the message that they aren't strong enough to handle challenges. When children embrace risks, they learn to push themselves.

Resist the Urge to Fix It and Ask Questions Instead

When children come to parents and teachers to solve their problems, the natural response is to lecture or explain. A better strategy is to ask questions. By bouncing the problem back to the child with questions, the parent or teacher helps the child think through the issue and come up with their own solutions.

Teach Problem-Solving Skills

The goal is not to promote rugged self-reliance. We all need help sometimes, and it's important for children to know they have help. By brainstorming solutions *with* children, parents engage in the process of solving problems. Encourage children to come up with a list of ideas and weigh the pros and cons of each one.

Label Emotions

When stress kicks in, emotions run hot. Teach your children that all feelings are important and that labelling their feelings can help them make sense of what they're experiencing. Tell them it's okay to feel anxious, sad, or jealous and reassure them that bad feelings pass, just like the weather changes and clouds float away.

Demonstrate Coping Skills

Deep breathing exercises help children relax and calm themselves when they experience stress or frustration. This enables them to remain calm and process the situation clearly. Share other strategies that work for you when you are stressed.

Embrace Mistakes - Theirs and Yours

Failure avoiders lack resilience. In fact, failure avoiders tend to be highly anxious children. When parents focus on end results, children get caught up in the pass/fail cycle. They either succeed or they don't. This causes risk avoidance. Embracing mistakes (your own included) helps promote a growth mindset and gives children the message that mistakes help them learn. It can be helpful to talk about a mistake you made and how you recovered from it.

Promote the Bright Side - Every Experience Has One

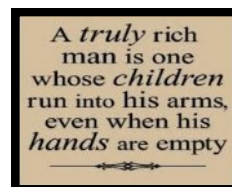
Optimism and resiliency go hand in hand. Some children may appear more naturally optimistic than others, but optimism can be nurtured. If you have a mini pessimist on your hands, acknowledge the feelings that lead to pessimistic thinking and teach your child to reframe their thoughts to find the positive. Good luck! We are all works in progress and it is a lifelong journey. **Hang in there everyone.**

Thank you to our wonderful students and parents who are doing their best in these challenging times. Thank you also to the staff who are constantly considering and making adjustments to engage our students and monitoring their learning. Please make sure you take some time each day to 'find joy in everyday moments.'

This week we have work samples to share from across the school. How creative and resourceful our students are. Please also look out for details about our 'Celebration of Spring' creative competition. Enjoy & take care everyone.

****Thought****

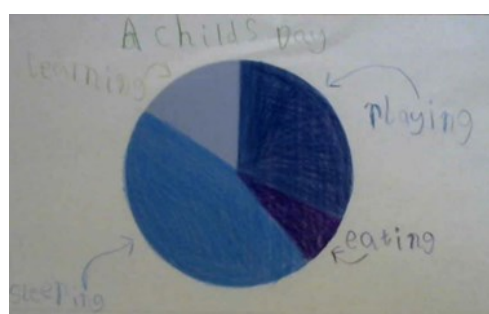
Until next time.....Maria Shearn - Principal 😊



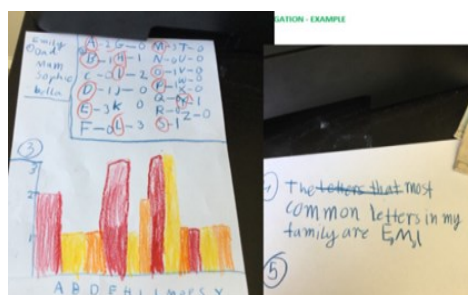
Parent Information

Maths at EBPS

This week..... **Sharing from remote learning** 3L and 3H have covered lots of different maths topics over the last few weeks from data handling, probability to tie and calendars.



Month	Day on the 1st
January	Friday
February	Monday
March	Monday
April	Thursday
May	Saturday
June	Tuesday
July	Thursday
August	Saturday
September	Wednesday
October	Friday
November	Monday
December	Wednesday



Impossible	Unlikely	Even chance	Likely	Certain
Flooding, Volcano eruption.	Light striking, That the tree will fall.	the rain will start, I will go to school in 2 weeks	I will go for a walk soon, I will see my friend today	The string will break in 7 days, I will have a sore

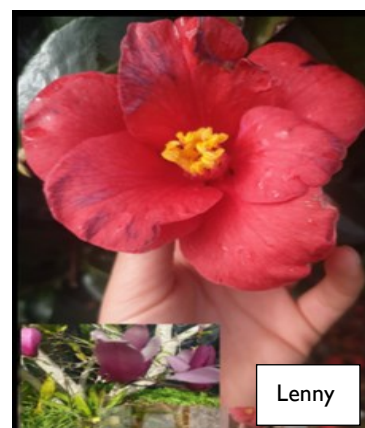
5M Have been combining their learning about data handling with gardening by taking part in a petal count. Through their work they made the following conclusions from their observations that most flowers have 5 petals, or odd numbers of petals.

Color	yellow	white	red	purple
4	✓	✓	✓	✓
5	✓	✓	✓	✓
6	✓	✓	✓	✓
7	✓	✓	✓	✓
8	✓	✓	✓	✓
9	✓	✓	✓	✓
10	✓	✓	✓	✓

Charles

Number of petals	1	2	3	4	5	6	7	8	9	10	11	12
1	1	1	1	1	1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	1	1	1	1	1	1
3	1	1	1	1	1	1	1	1	1	1	1	1
4	1	1	1	1	1	1	1	1	1	1	1	1
5	1	1	1	1	1	1	1	1	1	1	1	1
6	1	1	1	1	1	1	1	1	1	1	1	1
7	1	1	1	1	1	1	1	1	1	1	1	1
8	1	1	1	1	1	1	1	1	1	1	1	1
9	1	1	1	1	1	1	1	1	1	1	1	1
10	1	1	1	1	1	1	1	1	1	1	1	1
11	1	1	1	1	1	1	1	1	1	1	1	1
12	1	1	1	1	1	1	1	1	1	1	1	1

Fillipo



Lenny

Name:	4 petals	5 petals	6 petals	7 petals	8 petals	9
yellow	✓	✓	✓	✓	✓	✓
red	✓	✓	✓	✓	✓	✓
blue	✓	✓	✓	✓	✓	✓
pink	✓	✓	✓	✓	✓	✓
purple	✓	✓	✓	✓	✓	✓
other	✓	✓	✓	✓	✓	✓

Radha

Name:	4 petals	5 petals	6 petals	7 petals	8 petals	9
yellow	✓	✓	✓	✓	✓	✓
red	✓	✓	✓	✓	✓	✓
blue	✓	✓	✓	✓	✓	✓
pink	✓	✓	✓	✓	✓	✓
purple	✓	✓	✓	✓	✓	✓
other	✓	✓	✓	✓	✓	✓

Elias

Parent Information



Literacy @ East Bentleigh PS



Book Week

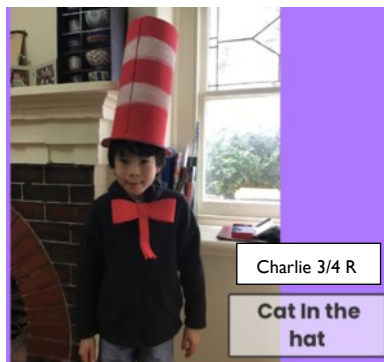
Last week was Book Week and whilst we couldn't have our much-loved Book Week Parade, classes across the school still celebrated by dressing up and sharing their favourite book in class meetings. Laura has shared some photos from the 3/4S Book Week meeting.



Eshanvi, 3/4S 'Where the balloons go'



Kaia, 3/4S as Kate Weatherall 'The Mysterious Benedict Society'



Charlie 3/4 R

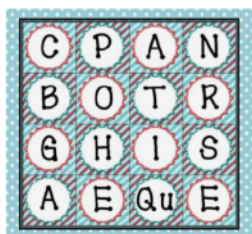
Cat in the hat



Abbi, 3/4S as Iron Man from the Marvel series

Word Games in 1/2

The children in year 1/2 have been enjoying these word puzzles. Both games are very adaptable and you can change the rules according to your child's age.



The rules for playing Boggle are simple!

- Each word should be of at least three letters.
- Words that have the exact spelling but different meanings will be counted only once.
- You cannot repeat any words.
- You can use both singular and plural forms of the same word.
- The QU cube counts as two letters.

You can set the timer for as long as you like. In grade 1/2 we do 2 minutes!

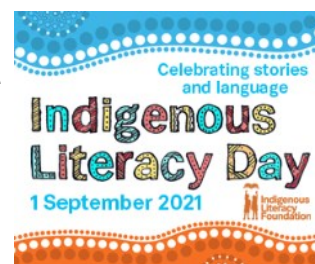
A	I	M
S	A	L
U	P	R

Word Puzzle

Create as many words as you can from these letters. Proper names are allowed (Capital letter!). The ultimate goal is to find a 9-letter word

Indigenous Literacy Day

Yesterday was Indigenous Literacy Day and many classes were able to join in the virtual event at the Sydney Opera House organised by The Indigenous Literacy Foundation. The purpose of the Indigenous Literacy Foundation is to make a difference to the lives of Indigenous families by not only gifting thousands of new, culturally appropriate books - with a focus on early literacy and first language - but also by running programs to inspire the communities to tell and publish their own stories, in the languages they choose.



Jill Griffin & Amanda Kershaw - Literacy Co-ordinators

Wellbeing @ EBPS

Each week, children from 3H and 3L have been enjoying an online 'Well-Being' session. We have created origami with Jami, listened to the beautiful story of 'How to Make a Bird,' by Meg McKinley and read so beautifully by Kate Miller Heidke and made potato people in response to the story 'Potato People,' by Pamela Allen.

Here are some of our creations.



Lucas' fox and dog pack



Maxim



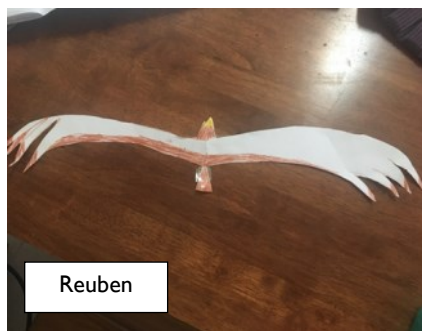
Nefeli's Ms Potato



Zenkyle's Mr Business



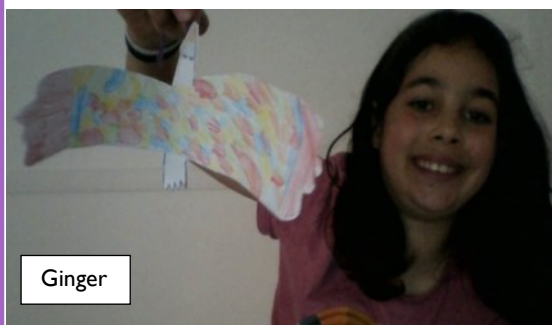
Sama



Reuben



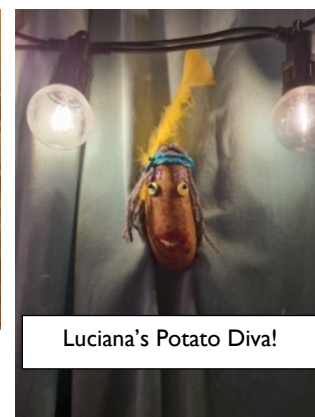
Owen and Eva



Ginger



Henry's Mr Potato Gnome



Luciana's Potato Diva!



Liam's Potato Puppet



I named my Apple person Fizzy

I made a dog for my apple person and a dog toy !

Florence's Fizzy and Pet

Wellbeing @ EBPS

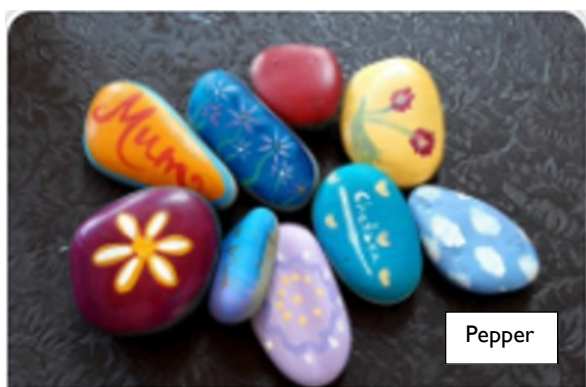
Class 4A have created some beautiful rock art as one of their well-being activities. *Lee Jellis - Wellbeing Coordinator*



Frankie M.



Kokoro



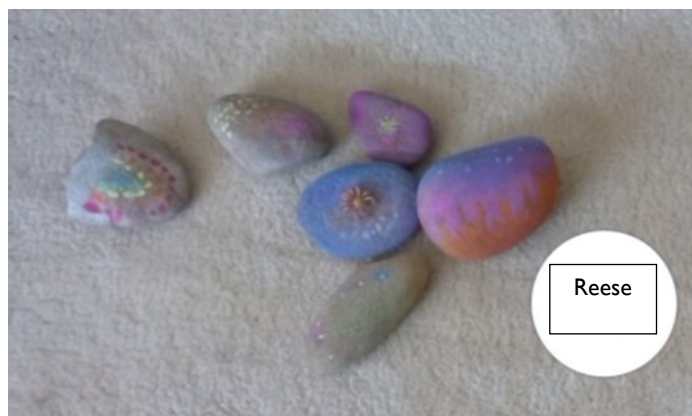
Pepper



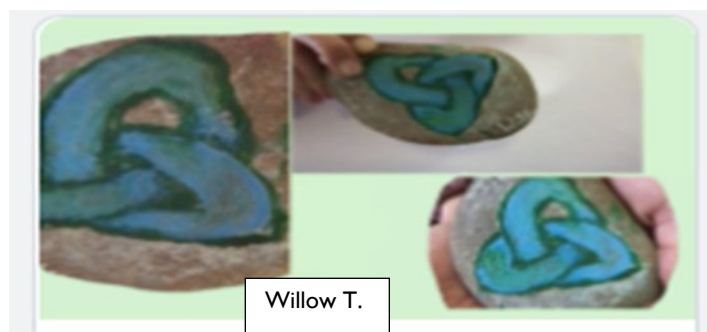
Zara



Niv



Reese



Willow T.



GARDEN NEWS



Spring Joy

Celebrate the passing of winter and the emerging signs of true Spring. In week 9 students in all year levels are invited to participate in a **"Celebration of Spring Competition"** - *you can show your joy whichever way you can!!*

Some ideas to help inspire you:

- * Spring crowns
- * Spring bracelets
- * A spring mandala
- * A woven nest or other craft
- * A poem or music composition
- * A dance or performance
- * A video
- * A painting or drawing



A winner will be chosen from each year level and will get a certificate and a garden prize beginning in term 4, including seedlings grown from seed at school to plant in your own garden!

I will choose winning entries based on creativity and most powerful expression of joy of Spring. winners will be announced in week 10 in the newsletter and by email.

Happy Spring and have fun creating!

Please send evidence of your creation to my email: pascale.miller@education.vic.gov.au

Pascale - Garden Specialist



Photographic Art

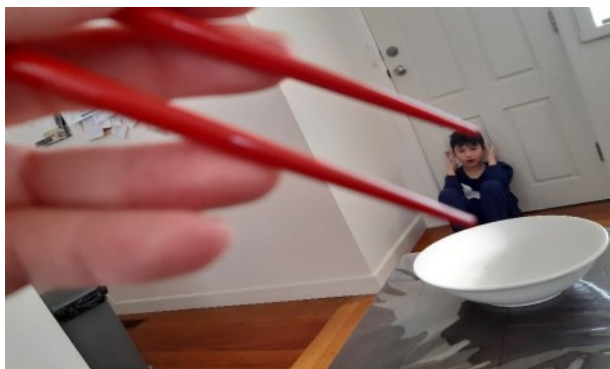
Forced Perspective photography was the art challenge this week. Thank you and well done to those students who gave it a try and sent me their photos.



Stevie Prep M



Althea 5/6G & Seraphine 3/4R



Josh 1/2M



Lily 1/2L



Alice 12L & Maelie Prep M

Newsletter

August 2021



Dear families, students and the East Bentleigh Primary School Community,

I hope you are all going well during these difficult times. It has been strange not seeing everyone's faces and doing all the activities we had planned! Unfortunately, we missed **National Science Week** due to the lockdown. We had so many great activities planned! Luckily some of these can be done at home, and I wanted to share.

Check out: (Google title below)

"Make your own rock candy!"

"Check out your fingerprint using ink or a coloured marker from home." *Is it the same as your families?*

"Chemical reaction: Make milk to plastic!"

Send me an email with pictures if you do the experiments at eastbent@oshccampaustalia.com.au !

We may have missed out in August but when we are back, we will experience some awesome experiments! We will also begin Father's Day crafts, more outdoor play with the warmer weather getting near and some exciting new toys!

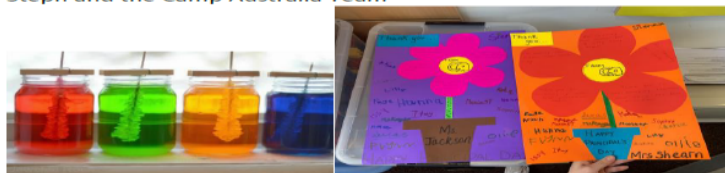
While we have been in lockdown, just a reminder we are open for essential workers during usual hours of 7:00am - 9:00am and 3:30pm - 6:00pm. During this time, we have been busy getting all the new toys out of their packaging and ordering some exciting requests from the students who attend OSHC!

On the 6th of August it was Principles Day! As part of this celebration, our group made 2 flowers expressing their gratitude for Mrs Shearn and Ms Jackson. It was so nice hearing all the positive things the students love about East Bentleigh Primary School and their gratitude for their teachers. I would like to say Thank you on behalf of myself and Camp Australia, you are both amazing leaders, running an amazing school community.

Can't wait to see you all soon!

Kind regards,

Steph and the Camp Australia Team



To register and book, visit www.campaustalia.com.au

Your OSHC.

Community

Kids getting bored of their toys, games and puzzles?

NOW IS THE PERFECT TIME TO JOIN THE TOY LIBRARY!

OVER 2000 TOYS TO CHOOSE FROM...



- *Games & Puzzles for toddlers through to teens
- *Coding & STEM toys
- *Complex construction
- *Music instruments

- *Sensory toys
- *Active play equipment including balls, goals, obstacle courses & family games

Basic	\$90/ \$55	4 toys 1 puzzle
Classic	\$110/ \$65	6 toys 2 puzzles
Enthusiastic	\$120/ \$70	8 toys 3 puzzles
Games	\$40	3 games or puzzles


Moorabbin Area TOY LIBRARY





Scan here to go to our website for more info

www.moorabbinareatoylibrary.com

Home Heroes

A matrix to help families celebrate Father's Day no matter where they are! This matrix is designed to be inclusive of all family structures, and particularly for those who may be spending Father's Day away from or without loved ones.

This an Empowering Learning Together Resource

<p>Create a <u>Pop-Up Card</u> for a special loved one in your family.</p>	<p>Create a booklet or 'take your task' tokens where you offer to do the dishes or other chores for a loved one.</p>	<p>Make a portrait paint, draw or sketch a picture of your favourite Father's Day person.</p>	<p>Use recycled items to make a time capsule about how you spent 'Father's Day' 2021 with your family. Fill it and bury it in a special place.</p>
<p>Write an <u>acrostic poem</u> about how you feel about your special hero and the things they do for you to make you feel loved.</p>	<p>Create a <u>special meal or menu</u> for someone in your family. Try and include as many of their favourite foods as possible!</p>		<p>Make a nature collage art work for a special loved one in your family.</p>
<p>Create a video montage or <u>use Flipgrid</u> to collect a bunch of videos for a Home Hero to show how much you love them.</p>	<p><u>Read some books</u> with your Home Hero about being a part of a family, or better yet, create your own book!</p>	<p>Send a message in a bottle or a paper plane message to someone overseas you miss dearly.</p>	<p>Use a powerpoint program and make a photo book to let someone know how special they are to you.</p>
	<p>Do a special job around the house for someone in your family. Try and choose something that you wouldn't normally do!</p>	<p>Draw a chalk drawing on your driveway or nearby footpath to help other families celebrate their Home Heroes!</p>	<p>Write a letter or card to your special hero to remind them of a special time you have shared together.</p>

INSIGHTS

by Michael Grose - Australia's leading parenting educator

What kids learn from fathers

High work ethic, honesty, supportiveness and loyalty were all values that men directly attributed to their dads.

Kids learn important lessons from their dads.

A recent study conducted by Galaxy Research found that three quarters of Australian dads nominated their father as the person from whom they learned their most important life skills.

Shaving, riding bikes, driving and changing tyres are the skills that men attributed to their dads.

At first glance these may not appear too startling but dig a little deeper and you find that they attribute vital lifelong success characteristics to their dads.

High work ethic, honesty, supportiveness and loyalty were all values that men directly attributed to their dads.

The results of the study show that dad is the 'doing' guy.

Mothers tend to interact with their kids differently. They are more verbal, more astute at developing interpersonal skills and more likely to reveal what is on their mind.

The language of fatherhood is about activity – dads teach many of their important lessons through activity.

Learning to be a good sport, to share and to work toward a goal are lessons that dads teach their kids in very hands-on ways.

The study also showed that it was through activity that men formed their relationships with their dads.

Playing, tinkering, building and pulling things apart are the modus operandi of many dads.

What do dads teach girls?

Dads teach girls fundamental lessons about interacting with males.

As my girls were growing up I wanted them to expect to be treated well and respectfully by males (both present and future) as well as having the confidence to be assertive.

That meant that I needed to **treat my daughters kindly**, while allowing them to **speak up to me (in the nicest possible way) when needed**.

Numerous studies have linked fathers with the healthy development of girls, including self-esteem and confidence.

Certainly dads should complement their daughters genuinely and persistently in adolescence when body image doubts are very common. But they also need to let their daughters grow away.

This is a challenge as dads tend to be protective of their daughters and hard on their sons.

It's lucky then that most mums are protective and super-supportive of their boys!

The yin and yang that mothering and fathering provides is a fabulous balance for kids.

Boys grow into their dads

Little boys want to be like their dads. They attribute superman-like qualities to their fathers. Dads need to make the most of this while they can because their sons become teenagers and try hard to reveal their feet of clay.

The GOOD NEWS is that the Galaxy Survey showed that most men still want to be 'like their dad.' That boyhood dream doesn't diminish in adulthood. That's lucky as most men become like their fathers, hopefully better versions!

- A better version of a father 2008 style appears to be one who is involved with his kids but also one who can balance and **support the parenting style of his partner.**
- A better version is one who plays with his kids but also one who disciplines too. **He balances softness with firmness.**
- A better version is not being a quasi mother or a gender-neutral parent but confident enough to learn from his partner while **retaining the maleness of fathering.**
- A better version is one who talks openly to his partner and **engages in a dialogue about parenting.**
- A better version is one who **remembers what it was like being a kid** and bringing that into parenting as much as possible when you are with them.

And fathers need partners who support them in their parenting efforts, actively share the parenting enterprise, and recognise that **DADS DO IT DIFFERENTLY.**

Published by Michael Grose Presentations. All rights reserved.

For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au

While you are there subscribe to Happy Kids, Michael's hugely popular email newsletter.

