

## Principal's Report | - 3

This week in the Principal's Report the following topics are covered:

- \* Open Day
- \* Farmers' Market
- \* Congratulations
- \* Moorleigh Car park
- \* Jump Rope for Heart
- \* Mid Year Reports / Interviews
- \* Woodworking Club



# East Bentleigh Primary School

Bignell Road  
East Bentleigh 3165  
Phone: 9570 3525 Fax: 9579 0205  
Email: east.bentleigh.ps@edumail.vic.gov.au

27th May 2021

Term 2 / Week 6, Issue 3

## BREAKFAST CLUB IS HERE!

8:15-8:45am

in new Performing Arts  
Centre (PAC)

*If your child has allergies—  
please email*

*jane.ross@education.vic.gov.au  
before they attend.*

## SCHOOL VISION:

*East Bentleigh Primary School provides a rich, inviting, child-focused environment ensuring that all students feel safe and stimulated. Our students are able to achieve their full academic, creative and social potential, equipped for the challenges of lifelong learning. Students develop into healthy and confident individuals, actively contributing to the world in which they live.*

**At East Bentleigh Primary School we are committed to child safety.**

## Reporting Student Absences

Please remember to let the school know by 9am if your child will be absent.

Please call or email the school office on Ph: 9570 3525 Email: east.bentleigh.ps@education.vic.gov.au

You must also provide a reason for the absence so that we can accurately record it.

**\*\*A signed note by you is also required - to be handed to the class teacher for each absence. Thank you**

## Principal's Report - Maria Shearn

Hello everyone,

As I write this I am hearing the news that 'Melbourne's lockdown fate hangs in the balance with authorities locked in emergency talks about plunging the city into a shutdown.'

I fervently hope that this is not the case however as a realist I guess we must entertain the possibility. In the meantime, all staff members are complying with the current new rule as of 6pm yesterday of wearing masks whilst inside. Our staff will also wear their masks outside at pick up and drop off times due to the inability to properly socially distance. The wearing of masks inside applies to all. We have reinstated our 'Staff and Students Only past this point signs' until further notice. If you must enter the main building to attend the office please use the closest door and remember to wear a mask. If you are unable to wear a mask, please call the office to make alternate arrangements.

The Year 3 camp planned for next week is currently still going ahead. Let's hope this doesn't need to be cancelled as the same year level camp was last year.

## Open Day

What a wonderful morning we had last Saturday as we welcomed back Open Morning to our annual calendar. Our school looked sparkling in the beautiful sunshine that Mother Nature blessed us with and all the classrooms looked fabulous with our student work on display. Many thanks to our teachers and support staff who took such care in preparing for the day - all of your efforts ensured the day was a great success - thank you. It was wonderful to welcome families back onsite as our children proudly showed off their lovely work. Many new families also visited our school on Saturday boding well for our school's future. If you weren't able to come you will find some photos of the classrooms on our website.

**Continued next page.....**



## Diary Dates

\*Friday 28th May - Student Free Day  
Teachers planning remote learning

### REMOTE LEARNING

Mon 31st June - Thurs 3rd June

Year 3 Camp CANCELLED -  
Due to restrictions Mon 31st May -  
Wed 2nd June

JUMP ROPE DAY - Thurs 10th June

QUEEN'S BIRTHDAY - Public Holiday  
- Monday 14th June

Mid-Year Reports - Wed 16th June

Tabloid Sports and Parent/Teacher  
Interviews via Webex  
- Mon 21st June 2pm

Final Day Term 2 - Friday 25th June  
Early Finish @ 2:30pm



East Bentleigh Primary School acknowledges Traditional Owners of Country throughout Australia and recognises the continuing connection to lands, waters and communities. We pay our respect to Aboriginal and Torres Strait Islander cultures and to Elders both past and present.

## Principal's Report - Maria Shearn



### Farmers' Market

Our monthly Bentleigh Farmers' Market was also held last Saturday. The beautiful weather ensured we had a very strong turnout with 1000 shoppers coming through our gates. Many thanks to our ever willing volunteers who each month transform our oval into a bustling marketplace. East Bentleigh Primary School was certainly the place to be last Saturday morning. The market was so busy that for the first time ever, the usual finish time of 12.30pm was extended to 1.00pm.

### Congratulations

Many congratulations to Ben, Jack and Felicite some of our wonderfully talented instrumental teachers, who earlier this month were involved in Melbourne Opera's performance of **Verdi's Macbeth** At Her Majesty's Theatre. As 'Friends of Melbourne Opera' Felicite was able to arrange for tickets for interested families and teachers to enjoy the performance. Children in 6A were most impressed with the performance as were the teachers who attended. Well done to you all.



### Moorleigh Car Park

I was distressed to receive an email from Robert Parker - Coordinator Parking and Safety of Glen Eira Council regarding the behaviour of some of our parents in Moorleigh carpark - see below. If this applies to you please think about changing your ways. It doesn't take too much effort to be a considerate neighbour. I would hate to think that the behaviour of a selfish few puts the availability of this very handy resource in peril.

Hi Maria,

My traffic engineering team have received a number of complaints about parents driving/parking in the Moorleigh Village carpark. I was hoping you could publish the below information to educate the school community to ensure the car park remains safe for all users.

*"Council has received concerns regarding illegal and potentially dangerous parking activity caused by parents of East Bentleigh Primary School during school drop-off and pick-up times within the Moorleigh Village car parks and along Bignell Road.*

*Council's traffic engineers have recently undertaken numerous inspections during morning and afternoon school peak periods and observed the following:*

*\* Drivers parked within the car park aisles in Moorleigh Village front carpark blocking access to others using the car park including Moorleigh Village patrons. For example, an elderly patron was observed trying to exit a car space but was blocked by a parent waiting in their car;*

*\* Drivers disobeying the directional arrows and one way arrangement within the Moorleigh Village front carpark;*

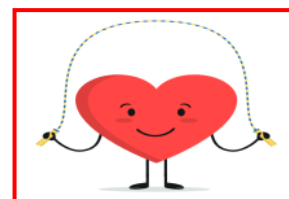
*\* Drivers parking along the access road that leads to the rear carparks at Moorleigh Village, disobeying the existing 'No Stopping' signage located on both sides of the access road;*

*\* Drivers double-parking along Bignell Road, adjacent to the No Parking / Kiss-&-Go areas, resulting in through traffic not being able to safely travel along Bignell Road.*

*It is noted that the Moorleigh Village car parks are used by many elderly and vulnerable users, therefore it is imperative that drivers use these car parks safely. Parents are also encouraged to park in the surrounding area to ease traffic congestion within the Moorleigh Village car parks."*

### Jump Rope for Heart

Our whole school will participate in the Heart Foundation 'Jump Rope for Heart' jump off on Thursday 10th June. John advises me that we already have quite a few students signed up with sponsorship for this day - well done to you. We look forward to a great day of skipping and supporting a very worthy cause at the same time. Please follow the link if you would like to register. <https://www.jumprope.org.au/parents>



### Mid Year reports/ Parent Teacher Interviews

Class and specialist teachers are well into the process of the writing of your child's midyear report. These reports will come home with your child on Wednesday 16th June. Due to COVID uncertainty, parent teacher interviews will this year be held online via Webex on Monday 21st June. A separate note will come home in the next few days.

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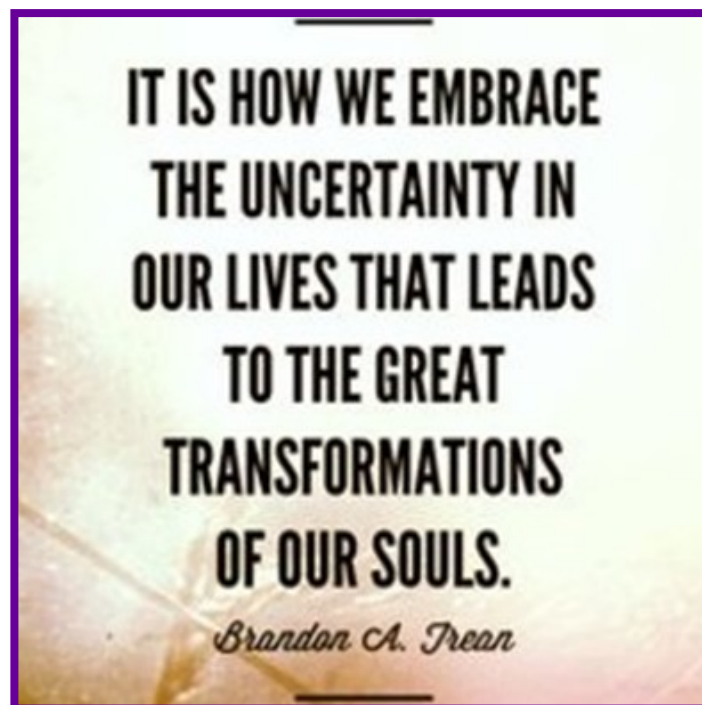
## Principal's Report - Maria Shearn

### Woodworking Club

Participants in our woodworking club led by our fabulous volunteer Michael have completed their first project. As you can see they are very proud of themselves.



\*\*\* Thought \*\*\*



Until next time.....Maria Shearn - Principal 😊

# Maths at EBPS



## Maths opportunities at home

This is a topic that we have visited in the past however with the current situation I thought a timely reminder might be handy.

Activity	Mathematical possibilities
Playing with blocks / lego	Patterning – encourage patterning Visual spatial – observe creations from the top, side, front, back, left and right. For older kids create 2D drawings of the different perspectives.
Cooking	Measuring – Weighing out ingredients, looking at different units of measurements on packaging. Also comparing the weight of different items. Fractions – Cutting food into different fractions
Outdoor time / daily walks	I spy / Spotting activities this can be done with a wider variety of things such as looking for different 2D / 3D shapes, looking for odd / even numbers or numbers that are multiples of 3. Time and length – estimating how long and far between different points on the walk. Comparing the size of different things in the environment around you. How many can you... do / find in a minute? A great way to combine physical activity and learning about time. Map your local area plan and plot your walking route before heading out.
Puzzles	Playing with and solving puzzles can support a child's development of both mathematical concepts and learning dispositions. These could be: jigsaws, mazes, rubiks cubes, Sudoku.
Board games	While many board games are not specifically maths related, they can provide valuable experience in areas such as counting, strategizing next moves, addition, subtraction or multiplication in score keeping, and spatial awareness as the players move around a board to reach a goal.



**Laura Siu - Numeracy Coordinator**



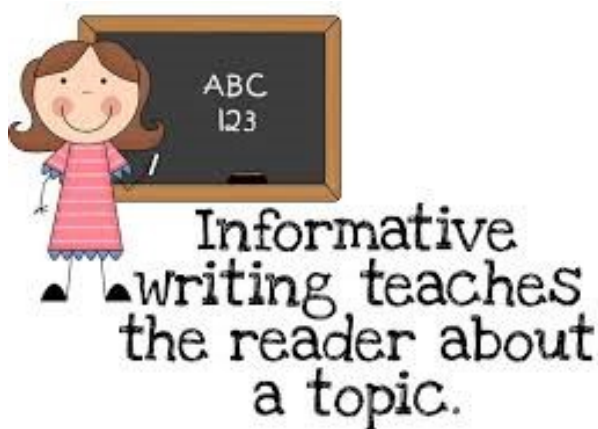
### Writing Cycle in Year 5/6

This week the Year 5/6 classes have introduced our new writing cycle - focused on information texts.

This week students have learned about the purpose of writing information texts and the many forms that they may take. In the coming weeks we will be learning about the structure of an information text and specific skills that are required to write one efficiently: note-taking, locating suitable resources and learning technical language appropriate to the topic.

Students in 5/6G and 5/6P watched a video about desert biomes and learned the skill of note-taking. Today those notes were used to write an information report. This process informs the teachers about which specific skills they need to teach in the coming weeks so students can build on their existing knowledge.

Students across Years 5/6 will be writing information reports based on their inquiry topics and main lessons. We look forward to sharing our students' information reports over the coming weeks.



# Wellbeing @ EBPS

## Respectful Relationships

There are eight topics overall in the Resilience, Rights and Respectful Relationships program, with the final two topics being the mandated component, in response to the Australian Royal Commission into Family Violence. Implementation is staged to ensure readiness and allows for ongoing evaluation and adaptation.

Each year level covers the same topics, building on earlier understandings. Topics 7 and 8, Gender Identity and Positive Gender Relations, are always in the second year of the two-year cycle, i.e. years 2, 4 and 6.

Teachers are advised to judge whether their students are ready and to do what feels right for their classroom. However, we would argue that it is important for students to understand what respect is and isn't, what intentional hurting is and isn't and how to manage when they see these things, or they happen to them personally.

The focus within respectful relationships is on ideas and behaviours that make everyone feel safe and comfortable, regardless of their gender.

**The following lessons are examples from lessons provided for year 4.**

### Learning intention

- Students name and share some of the different interests that make up their identity or individuality
- Learn about some of the differences and similarities between students in the class
- Appreciate that it is important to respect differences between people
- Understand that boys and girls can share similar interests

This lesson starts with 'Human Bingo,' a game that you may have played yourself. Each person receives a grid with different items in each box. Students need to be able to tick as many boxes as they can, in the time given, by finding one person to match the given criteria.

For example: *Find-*

*Someone who has the same length hair as you. Someone who is about the same height as you. Someone who likes bananas. Someone who likes dance and drama. Someone who has the same number of brothers and sisters as you.*

Children then come together and examine their results. Did they find out anything new? Surprising? Any similarities or differences?

We use the human bingo game to demonstrate that: there are many things that make us who we are, explain this is sometimes called individuality and that we are each growing and changing in many ways.

The second part of the lesson involves completing an identity wheel, which is a tool designed to record and share different sorts of information about ourselves. The teacher may share their own identity wheel to give children an idea of how each section can be completed.

Children then complete and participate in a discussion about their wheels. They look for differences and similarities. The teacher may challenge students to recognise they do not have to be restricted in their preferences based on common gendered stereotypes. They may ask questions such as such as: Jim likes soccer. Can girls also enjoy playing soccer?

Millie likes painting and playing dress-ups? Can boys also like painting and dress-ups? Can a boy or a girl like soccer AND painting AND dress ups?

Both during the session and at the end of the lesson, the following points may be emphasised.

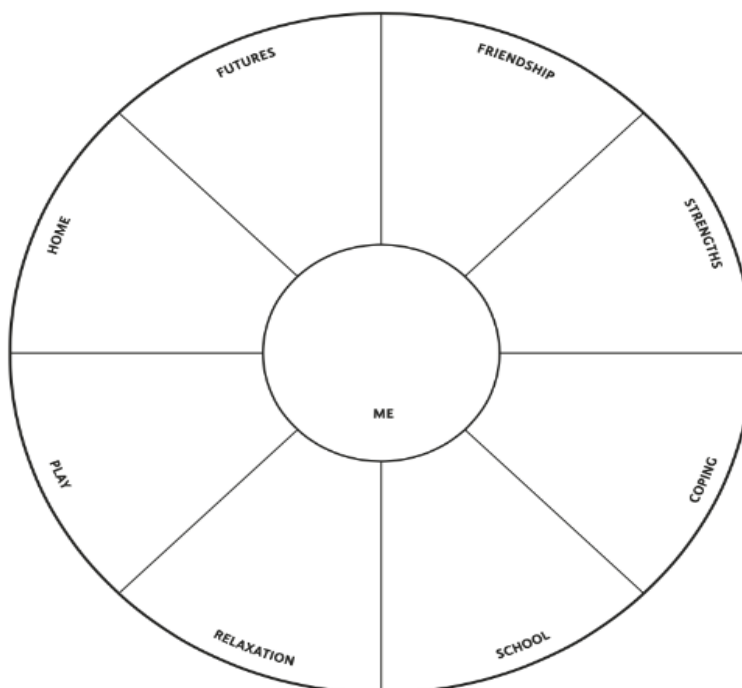
- There are lots of aspects to my identity.
- The more spokes I have in my Identity wheels, the stronger and more resilient I can be.
- I have lots of interests.
- I like to learn new things.
- I value and respect how different people can be.
- I like to learn about how people are different as well as about how they are similar to me.
- I understand that some gender labels are limiting and that all people should be treated equally.

We have included the wheel in this newsletter. You may like to complete identity wheels at home as a family activity. Did you discover anything new about each other? Were there any surprises? Were there similarities or differences? Were there differences or similarities between boys and girls?

Lee Jellis - Wellbeing Coordinator

### MY IDENTITY WHEEL

Name: \_\_\_\_\_



Some questions to help you think about different parts of your self.

**Home: I live with others**  
Who I am at home: (daughter/son, brother/sister)  
Who helps me at home:  
Things I like to do at home:

**Strengths: I have strengths**  
Some strengths I have:  
Some strengths I want to grow or improve:

**School: I like to learn**  
I would like to learn more about:  
These people help me learn:

**Play: I can be active**  
Active games/sports I like to play are:  
I like to be active when:

**Friendship: I am a friend**  
I like to play:  
How I help my friends:

**Coping: I can cope**  
When I am down or worried, these things cheers me up:  
When I have a problem it helps when I:

**Relaxation: I can relax**  
When I want to relax or calm down, I like to:  
To help calm other people down I sometimes:

**Futures: I have dreams about my future**  
One day I would like to be:

## Parent Information



## BREAKFAST CLUB IS HERE @ EBPS

From 8:15-8:45am

in the new Performing Arts Centre (PAC)

All students are welcome

**\*\*If your child has allergies - please email [jane.ross@education.vic.gov.au](mailto:jane.ross@education.vic.gov.au) before they attend.**

## [engage] 1 on 1 Psychology for Young People

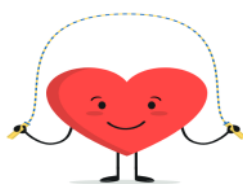
East Bentleigh Primary School has acquired the counselling services of Registered Psychologist **Kathy Astrinakis**, from Engage 1on1 Psychology.

Kathy is a private Psychologist who will be providing a bulk billed counselling service to the students at East Bentleigh PS who have a **referral letter** and a **Mental Health Care Plan** (item No. 2715 or 2717) from a referring GP.

The Mental Health Care Plan will entitle students to 6-8 bulk billed counselling sessions each calendar year. The counselling service will take place at East Bentleigh Primary School allowing ease of access to the service.

Please contact **Sue Jackson (or the school office)**, once a referral letter and Mental Health Care Plan have been obtained from your GP. We will then liaise with Kathy to set up an appointment time for you to meet.

## We're skipping through the term!



Jump Rope for Heart is well underway and it's great to see so many children out in the playground skipping with smiles on their faces.

**East Bentleigh Primary School has already raised \$1503**

We are half way to our target of \$3000

It's not long until our Jump Off Day on *Thursday 10<sup>th</sup> June* so keep on practicing those tricks! And don't forget to share your online fundraising page with friends and family to raise money for a great cause! Still need to sign up online? It's easy just follow this link and enter your details. <https://www.jumprope.org.au/parents>

# parenting \* ideas

### INSIGHTS

## Leading the way for children during the Coronavirus pandemic



If you're like me, the news of the Coronavirus (COVID-19) pandemic has your head spinning and your heart pumping. That's only natural as life as we know has taken a seismic shift in recent days.

International travel bans, cancellation of sporting and cultural events, shopping frenzies and talk of school closures continue to dominate the airwaves. Terms such as social distancing, self-isolation and social lockdowns have entered our vocabularies and may soon become part of our daily lives.

Coronavirus is having an unprecedented impact on our daily lives, and will probably do so for some time. While keeping ourselves and children healthy and safe is our main concern, it's also essential to address the anxieties of children and young people during these changing times. Here are some ideas to help inform, reassure and keep children and young people safe.

### Build on what your children know

Children and young people have already been exposed to a great deal of information about corona virus through media, digital means and direct social contact. Their understanding will vary depending on their age and also the quality of their information sources so you probably will need to help kids process what they already know.

Casual conversations with teenagers and older children can be useful ways to glean their understanding. You could ask questions like "What are you hearing about Coronavirus? Is there anything you're not sure about?" Younger primary age children may need a more direct approach with parents addressing their specific concerns without giving too much information that can overwhelm them.

### Check your own thoughts and feelings

Check your own frame of mind and emotions about COVID-19 before talking to kids. Most children are astute mood detectives and they'll gauge their safety by the way you communicate with them. If you tell a child, "You've got to wash your hands or you'll get infected," you are communicating your own anxieties, making it difficult for them to maintain a healthy state of mind. Have a think about how you can frame your instructions and their importance in a way that doesn't heighten your child's anxieties.

### Stay informed

It's difficult to work out fact from fiction, correct from incorrect, information from exaggeration when the news is changing so fast. However you need to educate yourself about the virus itself, including how it's transmitted and how to stay safe. Get information from trustworthy sources such as The Australian Government Health Department website and the current federal government corona virus information media campaign.

# parenting\*ideas

### Answer questions truthfully

It's important that parents and teachers answer children's questions honestly in age-appropriate ways and within context of what is happening at the given time. If their sport or hobby has been temporarily cancelled empathise with their concerns, while helping them maintain a sense of perspective.

### Initiate positive action

One way to reduce anxiety and allay children's fears is to involve them in planning and preparation for their personal and group safety. Positive activities such as maintenance of personal hygiene, greeting people with an elbow tap and getting plenty of sleep can help restore a sense of control, that is so important for their wellbeing.

### Find refuge in rituals

Regular rituals such as mealtimes, bedtime stories and regular one-on-one time provide both an anchor to normality and a sense of connection for kids at times of change. Consider reconstituting favoured family rituals at this time if they have lapsed due to lack of time, or lifestyle frenzy.

### Look outwards

In difficult times there is a tendency to look inwards, which is a natural protective strategy. The alternative is to establish a sense of connection and community spirit by focusing on generosity and togetherness. Help children see past their own needs and look for ways to assist others whether it's shopping for an elderly neighbour, helping a younger sibling occupy themselves, or planning an indoor movie night for the whole family.

The Coronavirus presents many practical challenges to parents and other important adults in the lives of kids. Staying calm, keeping informed, and adjusting our own habits are just some of the challenges we face. However a significant challenge is one of personal leadership. That is, during these difficult times we need to be civil to each other, look out for each other and be mindful of the common good in everything we do. In this, we can all take a significant lead.



#### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

# JOB VACANCIES

## Seeking Relief School Crossing Supervisors

Glen Eira City Council is currently recruiting relief school crossing supervisors. We are looking for people who are willing to travel across the whole of the municipality, have their own transport and have availability to be called on at short notice in the mornings and in the afternoons. Applicants must have excellent communication skills, enjoy working with people, be reliable, hardworking & have basic computer skills. If you are interested in applying for the role, please use the following link:

<https://www.gleneira.vic.gov.au/about-council/careers/explore-our-jobs/job/4685>

For further information, contact School Crossing Business Support Officer Sandra Horrigan or Rob Parker on 9524 3333 or email [schoolcrossing@gleneira.vic.gov.au](mailto:schoolcrossing@gleneira.vic.gov.au).



## Advertising

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**Show your kids the joy of movement.  
Fun and fitness starts here.**

Kids are under a lot of different pressures these days—definitely more than when we were young. FITkids is a fitness program for kids aged 5-17, designed to teach them important tools to set them up for life — and make sure they have fun while doing it.

The FITkids program helps your kids learn a range of core, strength, and skills work, so they can burn off that after-school energy, learn fun new ways to move, and boost their self-confidence as they see real progress in their abilities.

Your kids will also develop important self-defence skills and the attitude, mind set, and confidence to navigate difficult situations—or avoid them altogether. We'll teach them:

- Boxing
- Strength & Conditioning
- Self-Defence
- Health & Wellness
- Mindfulness
- Teamwork & Play



*"My son has participated in the FITkids program for the past 3 years. I have seen such a huge improvement in his fitness, confidence and interpersonal skills."*

Jolene (a FITkids parent)

The FITkids program is designed by experienced, qualified coaches & teachers. As teachers, fitness instructors, and parents ourselves, we're constantly researching and refining the best ways to engage your kids.

Register your child for a **free trial** at any of our locations via details below.

- South Melbourne 29 White Street
- Moorabbin 18 Nellbern Road
- Collingwood 40-72 Rokeby Street
- 1300 344 483 (option 4)
- [info@fitkidsbigheroes.com.au](mailto:info@fitkidsbigheroes.com.au)
- [www.fitkidsbigheroes.com.au](http://www.fitkidsbigheroes.com.au)

