Principal's Report 1-2

This week in the Principal's Report the following topics are covered:

- * Free Parent Webinar
- * Thank You Mother's Day Stall
- * Education Week Prep 2023 Info Night and Open Morning
- * Reminder Student Free Day Monday 23rd May—Teacher PPD
- * Election Day BBQ helpers needed

Department of Education and Early Childhood Development



Bignell Road
East Bentleigh 3165
Phone: 9570 3525
Email: east.bentleigh.ps@education.vic.gov.au

12th May 2022

Term 2 / Week 3, Issue 2

BREAKFAST CLUB

8:15am-8:45am in the PAC.

Children must arrive before 8:30am in order to be served breakfast in time.

Please email Jane if your child has any food allergies

jane.ross@education.vic.gov.au

Thank you

Reporting Student Absences

Please remember to let the school know by 9am if your child will be absent.

Please call or email the school office on Ph: 9570 3525 Email: east.bentleigh.ps@education.vic.gov.au

You must also provide a reason for the absence so that we can accurately record it.

**A <u>signed note</u> by you is also required - to be handed to the class teacher for <u>each</u> absence. *Thank you*

Diary Dates

Wed 11th - Fri 13th May - Year 4 Camp Sovereign Hill

Wed 18th May - District Cross Country

Sat 21st May - Election Day Sausage Sizzle

*** Monday 23rd May ***

<u>Student Free Day</u>

Teacher's Professional

Practice Day

Education Week - Week 5 23rd May - 28th May

Open Morning - Sat. 28th May 9am-

12noon

Bentleigh Farmers Market - Sat. 28th May 8am-12:30pm

Free Parent Webinar - Thus 2nd June

SCHOOL VISION:

East Bentleigh Primary School provides a rich, inviting, child-focused environment ensuring that all students feel safe and stimulated. Our students are able to achieve their full academic, creative and social potential, equipped for the challenges of lifelong learning. Students develop into healthy and confident individuals, actively contributing to the world in which they live.

At East Bentleigh Primary School we are committed to child safety.

Principal's Report - Maria Shearn

Hello everyone,

I hope that this newsletter finds you all well. On Wednesday we waved off our Year 4's for their school camp experience. They will spend 3 days at Sovereign Hill as 'olden day' extras.

Back at school our Year 3 and 5 students have been participating in the NAPLAN tests, this year all online which has run very smoothly thanks to the thorough preparation of Sue Jackson and her team.

Over the next 2 weeks the Year 4, 5 and 6 students will participate in the annual Attitudes to School Survey - (see below)

We are already almost at the end of Week 3 and with Term 2 being only 9 weeks long, there are many learning activities to enjoy. Teachers always comment on how much academic growth occurs over this part of the year, although this year this may be more challenging for some of our students given the continued absences due to winter illnesses being added to by the ongoing COVID exposures. Even though we are now still living with coronavirus, (and worryingly case numbers in Victoria are steadily rising), life is quickly getting back to the busy normal. My thanks to our parents who are maintaining RAT testing and informing us promptly at school of any positive results.

Speaking of COVID -19, we all understand that the guidelines continue to change in response to public health, but it can be difficult for parents to find the information you need when the time comes. Please do not hesitate to call us should you need any clarification. My thanks to parent Alex Borovik who advised us that we had not updated the newest guidelines regarding household contacts in our COVID notification advice to our parent community.

Free Webinar for EBPS families

Healthy Families Webinar Series- Managing Anxiety & Other Big feelings for Tweens
Our second in the 'Healthy Families' webinar series is just 3 weeks away.

Please see below for details **Presenter**: Carley McGauran

Date: Thursday 2 June **Time**: 7.30pm (60 min)

To register for the webinar: https://event.webinarjam.com/register/124/5om8xily

Continued next page.....



East Bentleigh Primary School acknowledges Traditional Owners of Country throughout Australia and recognises the continuing connection to lands, waters and communities. We pay our respect to Aboriginal and Torres Strait Islander cultures and to Elders both past and present.

Principal's Report - Maria Shearn

Thank you- Mother's Day Stall

My grateful thanks to Jodie Goldfinch, Kendy Dilley, Kay Costelloe and Sharlene Connors who assisted our students in making their purchases for the special women in their lives. It has always been one of my favourite days watching the children making such deliberate choices in choosing their gifts. I hope all mums, grandmothers and other female carers had a joyful day on Sunday, although I am sure that for many it is a bittersweet day, as it was for me. My gorgeous daughter Jess arranged a trip to the movies to watch the new Downton Abbey in memory of her grandmother, (my mum), who loved the series.











Education Week

Education Week will be celebrated in Victoria from Monday 23rd May. This year we will hold our Prep 2023 Prep Information Night and our Open Morning.

Prep Information Night - 2023 intake

Whilst we will still be holding this very important event in our annual calendar during Education Week, this year the event will be held onsite in the PAC. Our Prep teachers and school leadership will hold this on Wednesday 25th May at 7.00pm. Invitations have been sent to our local pre-schools and to those who have attended one of our school tours this year. If you know of anyone who has a child ready to start school in 2023, it would be great if you could let them know.

2022 Open Morning and Bentleigh Farmer's Market

On Saturday 28th May. We will once again be holding an Open Morning this year to coincide with our monthly BFM. Market hours remain unchanged - **8.00am till 12.30pm**. Classrooms will be open from **9am-12 noon**. Teachers will be available in their classrooms during these hours. We are looking forward to welcoming visitors to our school on that day. Our cleaners will sanitise all surfaces in classrooms before our students return on Monday.

Attitudes to School Survey - Years 4, 5 and 6

The Department's annual "Attitude to School Survey" will take place between Monday 16th May and Friday 10th June, 2022. Students in Years Four to Six will participate in this on-line survey. The survey intends to provide an overall picture of how students view their school and learning, as well as their health and well-being. Parents of children in these year levels will receive a letter via email with further details.

Reminder - Professional Practice Day-Monday 23rd May is a Student Free Day

On Monday 23rd May we will be having a Professional Practice Day and the students are not required to attend school on this day. Staff will be working onsite on Assessment and Data Analysis.

Election Day BBQ - Saturday 21st May

Many thanks to our class reps and those of you who have contacted Rachel Jeffreys who is co-ordinating this fundraiser for us. As Rachel has advised, if we were able to have two helpers from each class, the required slots would be an hour. Rachel can be contacted on 0411 988 593 should you be able to assist.

Thank you to Moorabbin Bunnings for their kind donation of a brand-new BBQ for our school.

Thought

Do not wait; the time will never be 'just right.'
Start where you stand, and work with
whatever tools you may have at your
command, and better tools will be found as
you go along.

Literacy @ East Bentleigh PS

The Year 5s & 6s had been writing and publishing online storybooks specifically for younger readers. Their narrative pieces had to focus on an attention-grabbing start to the story and correct use of punctuation (with an emphasis on quotation marks), relevant images with vibrant colours, alliteration, and onomatopoeias. The two examples highlighted from 5/6P are by Georgia K. and Kaia B.

Shrunk kids

"Down here mum!" We both yelled as she looked at us on the rough concrete path.

"Why are you so small?" She roared.

"We don't know!" I quickly screamed back until my brother stopped me from saying anything else. I looked at him furiously. Then he calmly said, "There is a beetle behind you." I turned around, screamed, and pulled his arm. A wild beetle began chasing us like we were its prey! By Georgia K.

The Mirror

"I want to go back!" I yelled.

The world started to spin, and I felt dizzy. I woke up on the dirty floor in the attic. I ran downstairs to find my family in the living room. I quickly ran back up to the attic and touched the mirror as I said "school." Again, I immediately felt dizzy. I had passed out and woken up at school in the yard. "I knew it!" I said to myself. I could time travel!

By Kaia B.





Maths at EBPS in Prep S



In Prep S we have been listening to the story of Little Babaji. Babaji is gifted fine clothes which four hungry tigers steal from him. Eventually the tigers meet each other in the jungle and fight over who is the finest tiger in all of the kingdom. To settle the matter the tigers take off their fine clothes and chase each other around a palm tree. Little Babaji then takes his fine clothes back and the tigers chase each other so fast around the tree that they melt into butter. Papaji, Babji's father, takes all this butter home to make pancakes for the whole family.

We used this story to form an imaginative picture of the maths concept of sharing. In groups of three the children played out being Babaji, Mumaji and Papaji, making a given amounts of pancakes and then sharing these equally amongst each other.

The next day we moved from the concrete to the pictorial as children independently modelled sharing out the pancakes equally into three groups first with concrete materials and then by drawing them into three columns. Each child was then able to confidently share how many pancakes their characters had made, and how many pancakes each character received, with the whole class.



From the Maths team at East Bentleigh – Sinead, Aaron, Emma, Andrea and Tanja

Wellbeing at EBPS

Wellbeing

Grade 3/4G and 3/4S

Resilience, Rights and Respectful Relationships

During our RRRR lessons, we have been learning about different types of emotions. We learned strategies to use if we are feeling stressed, such as taking deep breaths or listening to our favourite song. In our wellbeing lessons we play games, have discussions, do role plays and play Kahoot!



Warm and Fuzzies



Each week in 3/4S and 3/4G, a student is named Star of the Week. A highlight for the students is taking home a poster full of compliments (warm and fuzzies) written by their classmates.

look forward to receiving my poster with all the nice things people say about me. TH



I felt very lucky. One of my favourites was where they said they loved my content and remembered what I said in Show and Tell. HBC

What's one thing that made you smile today?

Music News

Dear Parents, We hope that you are keeping warm as we head into our colder winter months.

Instruments

Please help your child remember their lesson and orchestra day.

We do timetable around interruptions but try to keep to the same day's as much as possible.

We have seen a number of students consistently forgetting their instruments on Orchestra days this term so please make a note of the following.

Friday 13th May, Class 5A will have their orchestra due to NAPLAN.

For the remainder of TERM 2 orchestras run as follows:

WEDNESDAYS: 5A FRIDAYS: 4L, 6N, 6T

Afterschool Ensembles

It has been lovely to see students engage in the Upper and Lower Strings ensembles and we would love more and more students to come and participate.

I would love to have some Double Basses in the Lower Strings group.

UPPER STRINGS (Violin and Viola) - Mondays 3:45 - 4:30pm in the PAC

LOWER STRINGS (Cello and Bass) - Tuesdays 3:45 - 4:30pm in the PAC

We ask for a donation for the term and these donations go towards purchasing a Baby Grand Piano which Joseph will use for Eurythmy as well as our Piano students and Accompanists for performances in the PAC.

We thank those families who have contributed so far.

EXTENSION ORCHESTRA – Wednesdays 3:45 – 4:30pm

Extension Orchestra is a real highlight at our school and I would love to encourage senior and junior students to come and experience what it is like this term.

Concerts

Unfortunately our first lunchtime concert for Class 5 has been delayed due to NAPLAN being extended potentially next week and District Cross Country running on Wednesday.

Our new dates will be:

Class 3 – June 8th

Class 4 – June 1st

Class 5 - June 15th

Class 6 – May 25th

These performances are open to all instrumentalists (Guitar, Piano, Singing, Violin, Viola, Cello, Double Bass or any other instruments your children might play outside school). Concerts will be held in the PAC at lunchtime for students only.

Please contact me Felicite. Heine@education.vic.gov.au if you would like your child to perform.

Singing Lessons

We have a wonderful singing teacher Lisette Bolton who teaches on Tuesdays.

If you would like your child to participate please contact her directly: lisette.bolton@gmail.com

Guitar/Piano Lessons

Matt Moras has been with EBPS for a few years now and continues to provide awesome Piano and Guitar lessons on Wednesdays and Thursdays. He has quite a number of students but if you would like your child to participate please contact him directly: mattmoras@gmail.com

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Felicite Heine - Instrumental Music Coordinator



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GARDEN NEWS

We've struck gold again in our Kitchen Garden! Year 3 and 4 students relished the chance to dig up the golden knobby rhizomes of Jerusalem Artichokes (Helianthus tuberosus) using our hand crafted 'kannan' (digging sticks) for kitchen class to make a delicious earthy risotto. If I were a royal earthworm that's what I'd be eating for lunch every day it was so delicious!

Did you know the English name for Jerusalem Artichoke is a mistake? Legend has it that these relatives of sunflowers were farmed in the Mediterranean (once they were brought over from the Americas where they were farmed by the First Peoples of America). The tall flowers, like their sunflower cousins, track the sun from East to West every day before they are pollinated, hence in Italian they are called "girasola" (turn-sun). This was misheard as "Jerusalem" the famous old City in the Middle East. Their flavour when roasted is similar to that of the heart of Globe Artichokes. Really they are a kind of Sun flower that stores its energy as roots instead of seeds. The students who are off to Sovereign Hill are well prepared for their search for gold after this week's harvest.

More wildlife discoveries in our garden include: a "Common Bird-dropping spider" (Celaenia excavata) (you can see why its called that!) Guarding her clutch of eggs which each house hundreds of spiderlings. The holes in these egg cases show some have already emerged.

In the same area of the Sensory garden (Coastal Banksia Woodland) there are two clusters of tiny insects both not yet identified. One is a tiny city less than my thumbnail in size of wasps or ants who have built their walled city on a Coastal Wattle leaf. Another is a cluster of yellow eggs hatching tiny black beetle larvae that look like ladybugs but we are not certain yet what they will turn into.

Look out for tiny treasures in your garden! There are so many precious things that go unnoticed in our daily lives unless we stop and search for them. Some may be rarer than gold on earth!

Pascale Jacq - Garden Specialist





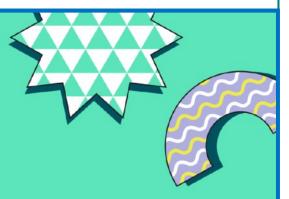








Newsletter



Whether you call it Handball, Downball or 4-Square, it's the game your children love!

The Handball Championships are back for round 2!

A message from your Coordinator

Hello everyone,

I hope you are all are doing well!

The first two weeks of term 2 have been a great start for the new and existing children at OSHC. The children had a great time doing ANZAC and Mother's Day arts and craft activities such as:

- Lego building challenges
- Participating in sports and group game activities.

Please view "Activities coming up" to see what we have planned for the next two weeks. We aspire to cater to your child's needs, interests and abilities therefore providing them with variety of activities at OSHC so that they can have an enjoyable time!

We are located in the library so if you would like to come in and say hello, we are always happy to see new faces and meet new people. I hope to see you soon!

Thanks & Warm regards Nidhi Srivastava

It's free to register

To attend our program, you must register your child. You can register an account with us at pp.campaustralia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.









Activities coming up

- Handball Championships
- Hand Embroidery Woollen Flowers
- Cookie Making



What's on the menu

- Fruit Salad
- Rainbow Muffins
- Pizza



Visit our blog

New articles are added each week for parents and cover various topics to help families.

Visit our blog





Parenting Article

parenting *ideas

INSIGHTS

When young people challenge family traditions



Strong families develop their own traditions and rituals that define them and bind members together. They are the coat hooks upon which we hang our family memories. By definition, they are permanent and not set aside when life gets busy. They also link young people to their childhoods at a stage when everything around them is changing.

Develop traditions early

Family traditions are relatively easy to develop when children are pre-school or primary school aged. Parent approval is important to most children, so they will generally fit with family traditions and rituals that they enjoy and provide a relaxed, calm atmosphere.

Young people can challenge family traditions

Adolescents are likely to challenge many of their family's traditions and rituals, which is often difficult for parents to encounter. Questions about, or even defiance towards the way you act as a family can come suddenly and be a shock to parents. On one hand, you know that your young person's challenge is healthy and part of their search for identity separate from their parents. On the other hand, to discover that the child you brought up to respect family and even cultural traditions and rituals no longer wants to follow the family or cultural line can really sting.

Know the traditions that are negotiable

If part of the healthy development of young people means stepping away, albeit, temporarily, from their family it helps to establish those traditions that are negotiable and those that are non-negotiable. For example, if family birthdays are important then your young person may no longer need to attend their aunt's birthday but they need to attend the birthday celebration of their immediate family members. "This is non-negotiable!" should become part of your family's proprietary language.

Give young people some leeway

Giving your young person some leeway in family activities is recognition that they are growing up, but this shouldn't be confused with growing away. Recent studies reveal that young people value being part of supportive family, but they want their family life to accommodate their burgeoning independence.

Make family meals non-negotiable

This writer recommends that shared mealtimes should be non-negotiable in families. There is a correlation between good mental health in young people and those families that share a meal at least five times a week. A young person can too easily drop out of their family unless there is a tradition or ritual that keeps them connected.

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au

parenting *ideas

Healthy families are built around traditions and rituals. It's useful to approach the concept of family traditions with a mix of flexibility to accommodate a young person wish for more independence and firmness to hold the line on those rituals that are essential to your family's identity and your young person's wellbeing.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

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