

## Principal's Report | - 3

This week in the Principal's Report the following topics are covered:

- \* Easter Bonnet Parade
- \* Congratulations 34J Artists
- \* Breakfast Club
- \* Parent Surveys
- \* Grade 3-6 Cross Country
- \* Anzac Day Appeal
- \* Lost Property
- \* 10 Tips for school holidays

### BREAKFAST CLUB

8:15am-8:45am

Children must arrive before 8:30am in order to be served breakfast in time.

There are some Grab 'n Go items and fruit if students arrive after 8:30am

Please email Christine if your child has any food allergies

[christine.kennedy@education.vic.gov.au](mailto:christine.kennedy@education.vic.gov.au)

Thank you

**HELP Volunteer family needed in Term 2 on Saturdays to look after school chickens!**

Thank you to the Jeal family for looking after our chickens each Saturday, this term.



If you are able to take on this important job each Saturday in Term 2 - please call **Pascale on 0417 148 764**. Thank-you!

### Diary Dates

**EASTER BONNET PARADE** - Thurs 6th April  
9am on Basketball Court

\*Last Day Term 1 - Thurs 6th April  
Early finish at 2:30pm

**BENTLEIGH FARMERS' MKT**  
- Sat. 22nd April

\* First Day Term 2 - Monday  
24th April

**ANZAC DAY PUBLIC HOLIDAY -  
TUESDAY 25TH APRIL**

**MPSSA Cross Country** - (Y3-6)  
Thurs 18th May

**EBPS Education Week** - 22nd -27th  
May

**Whole School Visit - Indigenous  
Performance "Didjeribone"** -  
Thurs 8th June

**Jump Rope for Heart Day** - Tues  
13th June



# East Bentleigh Primary School

Bignell Road  
East Bentleigh 3165  
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6th April 2023

Term 1 / Week 10, Issue 5

### SCHOOL VISION:

*East Bentleigh Primary School provides a rich, inviting, child-focused environment ensuring that all students feel safe and stimulated. Our students are able to achieve their full academic, creative and social potential, equipped for the challenges of lifelong learning. Students develop into healthy and confident individuals, actively contributing to the world in which they live.*

**At East Bentleigh Primary School we are committed to child safety.**

### Principal's Report - Maria Shearn

Hello everyone,

As this is the final newsletter for the term I'd like to take this opportunity thank all parents and community members who have contributed their time to support the students and staff at our school. We run such a wide range of programs at our school that we simply couldn't do without the generous gift of time that many of you share with us. For this we are very grateful. As we head off to a term break I encourage you all to enjoy the break from routine and the opportunity to spend unrushed and quality time with your children. Term 2 promises to be another busy and challenging one as we prepare for our school review in Term 3. I wish all our families Happy Easter, Pesach or whatever other celebration you may have over the holiday break. Stay safe and we'll see you all fresh and rested ready for an exciting and productive Term 2.

#### Easter Bonnet Parade

What a happy and fun time we had this morning on the basketball court as our children and parents attended our annual Easter Bonnet Parade. Thank you to all families who put so much love and effort into the wonderful creations adorning the children's heads this morning. I would like to point out that although we call it an Easter Bonnet Parade, (because historically that is what has always been called), teachers do make it clear to the children whose families don't celebrate Easter, that they are also welcomed/expected to join in by wearing any sort of funny hat. As a government school we are not advocating for any one religion in holding this event. It is simply a fun whole school activity for **all** to join in - teachers and parents too. The smiles all round **make for a very happy start to the day.** *Continued next page.....*

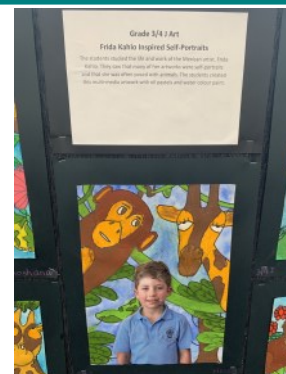


East Bentleigh Primary School acknowledges Traditional Owners of Country throughout Australia and recognises the continuing connection to lands, waters and communities. We pay our respect to Aboriginal and Torres Strait Islander cultures and to Elders both past and present.

## Principal's Report - Maria Shearn

### Congratulations - 3/4J Budding Artists

Well done to the students in 3/4J who have been learning about various well-known artists over the century. Their research into Frida Kahlo has inspired the wonderful pieces that are now on display near the office. What beautiful, eye-catching work they have produced. Whilst photos are better than nothing, these wonderful pieces are best viewed face to face. Well done to Janette Grunfelder for inspiring the students to produce such fantastic work.



### Breakfast Club

It has been lovely to be able to join the growing number of our students from all year levels who come together to share breakfast at school. Great conversations are being had and new friendships being developed in between mouthfuls of toast, cereal and fruit. It's a beautiful way to start the day. I'd like to acknowledge and thank Felicite and Christine and all the other staff members who pop in regularly to lend a hand for their great support of this program, greeting the children and adults with a smile every morning. It is such a team effort. Well done to all involved.



### Parent Surveys

Thank you to the around 20% of families who have already responded to the year level surveys we sent out last week. Overall so far, the feedback has been positive, although, as we are all too aware there's always room for improvement. We are taking careful note of comments raised to ensure we are meeting our families' needs as best we can. We have decided to leave the survey open during the holidays to allow any families who have not yet responded (and would like to), the opportunity to do so.

### Parent Perspectives

Next term, we will invite parents to a workshop where we will share information about our school with the community and invite parent perspectives and feedback. Later in the year, (in term 3), our school will be undergoing an intensive review in readiness for developing our next four year Strategic Plan. We would like representation from our whole school community in reflecting on our achievements, identifying areas where we can apply greater focus and gain a collective understanding of the school's vision. We will post more details about the workshop in the first few weeks of term 2.

### The Grade 3-6 House Cross Country

This annual event was run and won on a glorious, sunny Tuesday morning this week. Some fine performances were recorded across all age groups. It was great to see so many kids give 100% effort and make it to the finish line- Stevie's double fist pump as she crossed the line was a real highlight for me. Thanks must go to the House Captains and staff for their assistance. Congratulations to the age groups winners:

**Gr 3 Girls - Milla P. \*3min 48s\* - Record Time**

**Gr 3 Boys - Llewellyn M.**

**Gr 4 Girls - Maisie S.**

**Gr 4 Boys - Tenpa P.**

**Gr 5/6 Girls - Indira S.**

**Gr 5/6 Boys - Oscar T.**

### Final Points

1st - Jacaranda(Blue) - 201pts

2nd - Banksia (Green)- 188pts

3rd - Kurrajong (Yellow) - 172pts

4th - Waratah (Red) - 170pts

Many thanks to John Seeary our fabulous PE teacher who organised this event, teachers who acted as marshalls and encouraged the children to do their best and to the parents who came to support our children. It was lovely to see so many parents there.



## Principal's Report - Maria Shearn

### Anzac Day Appeal

The ANZAC Appeal is a major fundraising campaign to raise money to support veterans and their families. The RSL supports veterans and their families who have been impacted by their service and sacrifice. This special fundraising campaign allows Australians to give back to those who have given so much for us all. Your generous support enables the RSL to provide a wide range of support services to veterans and their families in their time of need.



Thank you to all who have shown your support and purchased badges etc. during this fundraising appeal.

### Lost Property

Lost property has been laid out on tables outside the office all this week for students and parents to view and collect items. All of these items have no names. Any uncollected uniform items will be taken to our second hand uniform stall for sale next term.

### 10 tips for surviving school holidays

While school holidays are a welcome break from the busyness of school routines, there is never a break from parenting.

The following tips will help you have fun and connect with your kids so you make the most of the school holidays:

#### 1. Plan

Get your kids involved in making a list of activities that they would like to do

Plan for good and bad weather

Schedule downtime and time-out as well as time for one-on-one and family group activities

#### 2. The best things in life are free

Make sure the list includes plenty of free activities such as picnics, bike rides, trips to the beach, the local library and the great outdoors

#### 3. Boredom is good

Unstructured time and time away from electronic devices is good for young minds

#### 4. Use opportunities to teach new skills and self-reliance

Not having the pressure to rush out the door in the morning can allow for kids to develop new skills such as getting their own breakfast and lunch, taking the dog for a walk or going to the shops by themselves.

#### 5. Ask for help

Don't be afraid to ask for help to share the load. For example, asking friends or family to help care for children or to provide assistance in other ways.

#### 6. Accept that things may not always go to plan

Even the best made plans may need to be discarded at the last minute due to unforeseen events such as weather, illness or accidents. Whilst stressful, these unforeseen events often teach us and our kids valuable life lessons and may even become the source of family bonding or stories down the track.

#### 7. Don't forget self-care

Look after yourself and take time out to relax, even if it's half an hour whilst you have a cuppa and read a book. Remember, happy and relaxed parents make for happy children.

#### 8. Support and company

Having a support system can be crucial to any parent. It also gives parents the opportunity to interact with other parents whilst giving the kids a bit of play time.

#### 9. Consider your child's mental health and wellbeing

Whilst it may be a family tradition to go on an annual family holiday or attend a family dinner, maybe your teenager is too depressed or your child with ADHD will be labelled by judgemental relatives. Consider if it's really worth maintaining the tradition when it may be at the cost of mental health and wellbeing.

#### 10. Holiday connections help us the rest of the year

School holidays provide unique opportunities to connect with, listen to and get to know your kids. Use the time to spend one-on-one time with each family member.

I wish you all a happy and restful Easter break. Please all look after each other, be careful on the roads if you're travelling, be kind to each other and I look forward to when we are together again next term which starts on Monday 24<sup>th</sup> April; with the Anzac Day public holiday on the very next day - April 25<sup>th</sup>!

*\* Thought\*\**

On a personal note, I will not see you all until May 24<sup>th</sup> as I will be taking long service leave for the first 4 weeks of Term 2, to travel to Paris, Spain, and Morocco. Whilst I'm away Sue Jackson will be Acting Principal and will be ably supported by our leadership team of Aaron Jones, Michelle Mather and Lee Jellis. Go well everyone.

**Until next time - Maria Shearn Principal**





## Your Farmers' Market Needs you!



We have the Farmers' Market coming up on 22<sup>nd</sup> April (last Saturday of the holidays). Our market is the major source of fundraising for our school and supports our Stephanie Alexander Kitchen Garden program and helps us to do other school improvements too. It is a great morning – you can shop for beautiful fresh produce direct from the farmers and makers, the kids can have a play and there is great food and coffee on offer too.

We also have many opportunities for volunteers to get involved. There is the set up crew 6:45-8:00 am, pack-up crew 11:45-1:00 pm and gate shifts 8:00 -10:30am or 10:30 -1:00pm. You can volunteer as a one off or do it regularly. Some shifts are suitable to get your kids involved and it teaches them the value of service and community. Please contact Heidi Nankervis [heidinankervis@optusnet.com.au](mailto:heidinankervis@optusnet.com.au) if you are free for a couple of hours that day.

We also have our Breakfast stall with 100% of profit going to the school, this is a fun opportunity to meet other parents and community members. Shifts available are 7:00 - 9:00 am, 9:00 -11:00 am or 11:00 -1:00 pm.

Please contact Rachel Jeffreys [rachel@heypup.com](mailto:rachel@heypup.com) or 0411 988 593 or your class rep if you would like to help out.

We thank all of our regular volunteers and would love to see some new faces.



# NATIONAL YOUNG LEADER'S DAY

ON THE 27TH OF MARCH OUR SCHOOL CAPTAINS WENT TO THE CONVENTION CENTRE TO LEARN ABOUT LEADERSHIP.



## WHAT DID WE LEARN?

- We learned that leadership occurs in all different types of jobs and people can have lots of jobs throughout their lives.
- We learned that Dipper was a school captain and used to have a stutter.
- You don't have to be a great student to be a successful leader - Amanda Johnstone.

## WHAT DID WE ENJOY?

Ivri - I liked Nazeem and Dipper. Dipper had really good stories and was very entertaining. My whole family likes him.

Ezra - Nazeem was my favourite because he was really funny and had good stories to share.

## FINAL THOUGHTS

We are really glad that we had this opportunity. It was really cool seeing all the other leaders from schools in Melbourne. The mix of dancing, comedy and learning made the day one we will remember.



halogen

By Ivri, Ezra, Lia and Isabella

# Literacy @ East Bentleigh PS

## 5/6 Persuasive Writing – 'Adopt Me'

This term in 5/6GS students have been honing their skills in persuasive writing.

Students have learned how to use a range of persuasive devices to convince the reader to agree with them on a range of topics.

For this writing task, each student was given a profile of a pet currently looking for a forever home. They had to write from the pet's perspective trying to convince prospective owners what a wonderful pet they would be.

By Ethan 56G

Hi, I'm Red. I am 3 years old and a kelpie. I'm very calm but I do need to be walked and if you run, I am the perfect dog for you. If you work out, maybe I can work out with you. I will be the perfect dog for you. Do you just love running outdoors or riding your bike? Well I think that I just found my best friend and my owner for life.

If you have some dogs I would love it. I get along with every dog. If you need exercise I need 3 walks a day. Imagine how fit you will be. You'll never have to pay for the gym again.

I really love kids over 3 years old and I can run and play with them until we drop to the ground. I am the new and improved babysitter. So that is why you should come and ADOPT ME!!!

### Red

Red is a kelpie x, about 3 years old who loves people.

He is calm and well behaved around children.

He is happy around other dogs and loves to play.

He will need to exercise his body and mind daily.

Red walks well on a lead but he can pull very strongly. As Red is physically, a very strong dog so he needs a competent handler that can manage this and redirect his focus.

Red doesn't like cats or small pets.



By Leila 56G

### Angus

Cattle dog

Angus is 14 years old.

He loves his walks.

He will greet you with a jump and a lick/kiss when he sees you.

He thinks he is a lap dog.

Angus needs a home experienced with the Cattle Dog breed.

He came from a breeding establishment.

Angus is interested in socialising with some dogs.

Many dogs make him feel anxious.

He would much rather spend his time with humans.

Angus is looking for a home with respectful kids over the age of 12 or just adults.



By Hugo 56G

### ADOPT ME

Hi, I'm Yates the dog.

Did you come down here for a cuddly little friend? Well, I'm the dog for you.

Hey did you know I do NOT like to spend my time in a cage. *(nervous laugh)* HELP! But yes I'm well trained already and I can roll over and sit.

Did you know 10/10 people prefer dogs that like other dogs. Well I'm one of those dogs and I need dog interaction since all m-my life I've been t-tr-trapt in a c-c-cage and I'm easy going. *(nervous laugh)*

And overall I'm just a cuddly little lad and I'll be happy to watch T.V with you. EVERY night of the week.

I have a big BRAIN and just love walks. I'll be happy to get you out of the house if it means I get walkies.

In conclusion, trust me your years with me will be worthwhile because if you love me, I'll love you a million times more.

### Adopt Me!

Hi, my name is Angus and I'm adorable!

I love kids over 12 and adults too. I will always give you kisses and licks when I see you. I may have a tiny injury in my eye. But that just makes me more cute.

If you've had a rough day, I will try to sit on your lap even if I'm a little too big. Don't you want a big unique dog who thinks he is little on your lap.

I will also make sure you keep you fit. I am 100 % sure that you should adopt me.

Do you love to go on walks? Well, I'm the perfect dog for you. I may be 14 but I am as energetic as a 4 year old. I will always want to give you a nice and peaceful walk.

I know that you should adopt me!

Do you only want one dog? Then I'm the dog for you. I came from a breeding establishment so I need a calm and kind family to help me feel safe. I may have an injured eye but that just makes me more cuddly. I know that you need me!

If you've got kids over the age of 12 that are respectful then I'm the dog for you. I love adults too though.

This is why you should adopt me.

If you don't already know, I am a cattle dog. So... I will need a home with people who are experienced with my breed, that's only because I am a special dog. Studies have shown that people with a dog in their home are less stressed. That's why you need to adopt me. It may take a little time to settle into my home, but once I'm settled in I will fit like a pair of perfect socks!

So why not come down and adopt me? Angus the cute cuddles cattle dog who's perfect for your home.

### Yates

Yates is a gentle, cuddly dog.

He loves being patted and tummy rubs.

Yates enjoys playing with other dogs.

Yates likes sleeping in the sun.

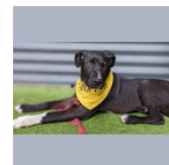
Yates likes being around his humans.

Yates is fully house & crate trained.

He walks well on a lead and likes trips in the car.

He learns very quickly with consistent rules.

He's an easy-going pup and happy to lie down next to your table while out and about.



By Jill Griffin & Andrea Smith Classroom Teachers 5/6G & 56S

# Maths at EBPS



MATHS @ EAST BENTLEIGH

## Location and Transformation in Class Three



This week in Class Three we have been using simple maps to show position and pathways, as well as looking at symmetry in the environment and classroom. In nature, we found symmetry in leaves, fruit, flowers, insects, animals, faces and bodies. In the classroom, desks and chairs, 2D and 3D shapes.

As part of our exploration of symmetry, we used wooden pattern blocks to create beautiful patterns with a single line of symmetry and then moved to multiple lines of symmetry.



One line of symmetry...



These two started as one line of symmetry but we discovered they actually had two!



Two lines of symmetry... Three lines...



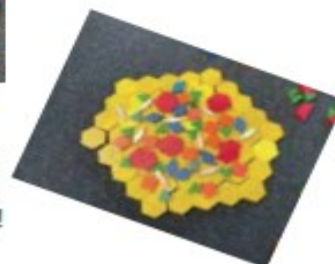
More lines of symmetry... can you work out how many or what type?



Some children found flow and kept their symmetrical pattern growing...



After we have reflected on the patterns created, the last few minutes with pattern blocks always has to be a five minute free build. We could definitely tell it was lunchtime... pattern-block-pizza anyone?!



## Parent Information

## Wellbeing at EBPS

The Steiner preps celebrated the Harvest Festival last Friday. In the weeks leading up to the festival the children appreciated and developed a greater understanding of healthy produce such as fruit and vegetables through creating shops in which they compared, weighed, and play shopped.

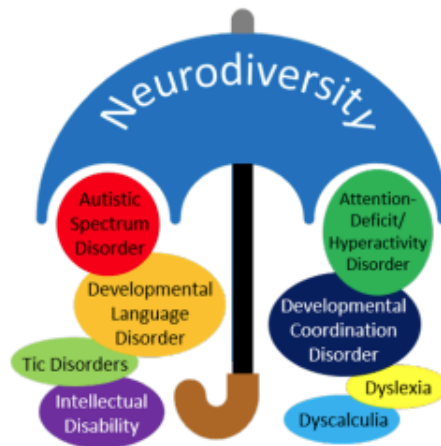
Through songs and activities in morning circle the children centred themselves and connected to the various seasonal elements. They developed a greater awareness of different cultures in the room through exploring different languages through dance and stepping movements. This added to a general sense of wellbeing as the children's cultural identity was celebrated.

The Harvest Festival had a Harvest Table on which people placed homemade and natural items to share, swop and appreciate. Thus, valuing individual contributions. The children also shared a harvest meal in which they celebrated and valued the wholesome food and developed respectful and positive communication with each other.

All these activities culminated with the Harvest Festival resulting in a general feeling of wellbeing and connectedness amongst the children.



## Learning Diversity @ East Bentleigh PS



When it comes to neurodiversity, there are a lot of words and specific meanings that we need to be clear about. To be respectful, it is important to use language people are comfortable with, but not everyone will like the same things! If unsure of a person's preferences, we can always ask!

What does neurodiverse mean?

Neurodiverse describes the fact that everyone experiences and interacts with the world in different ways. Most of the time the term is used when talking about Autism or other differences such as ADHD, dyslexia or Dyscalculia. People without these differences are referred to as 'neurotypical'.

How to we support neurodiversity in the classroom?

In our classrooms at EBPS we create spaces where all children are welcome. We use a wide range of evidence-based strategies that not only support neurodiverse learners but all learners. We provide brain breaks and calm corners to assist with emotional regulation. We build strong teacher-student relationships to assist us to really get to know our students and understand how they learn. As a staff, we regularly participate in Professional Learning to build our capacity to meet our students' needs.

*"Neurodiversity may be every bit as crucial for the human race as biodiversity is for life in general. Who can say what form of wiring will be best at any given time." - Harvey Blume*

# Parent Information

## 4T's Board Game Afternoon

Yesterday 4T celebrated the end of the term with a board game afternoon in the hall. We have been working on a Norse Mythology board game during the term and we invited our parents to come and play. It was a lot of fun!!! Happy Easter! From class 4T

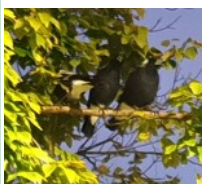


# Garden News

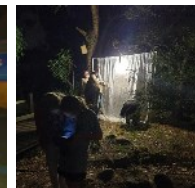
Wow what a way to end a first term in the school garden! Our **Nocturnal Bioblitz** under the full 'Pascal' (Easter) moon was a wonderful success with 42 families from our school attending and 2 families from the Taraleigh Kindergarten coming to discover what lives in our garden.

I'd like to thank all those who came and made the night so much fun and contributed to our school citizen science project. Year 6 Environment leader Jana kindly brought along her insect display for us to admire. Standout students were Jana, Leila, Hugo B., Charlie and Tom, who were so passionate, discovered so many critters and are clearly very special nature stewards! I especially would like to thank our guest entomologists Anthony Kurek, Daniel Kurek and "moth expert of Victoria" Peter Marriott. They generously brought their own equipment, shared so much knowledge with the students and parents and taught many skills on how to record observations accurately, identification tips and ecological information.

We had 3 light stations set up around our school which attracted many different kinds of insects some which are below:

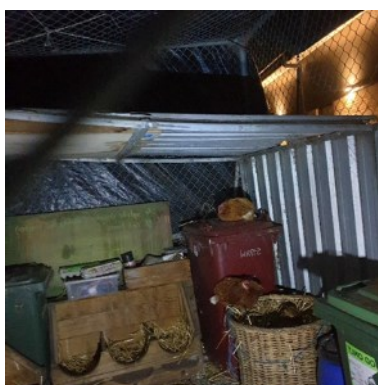
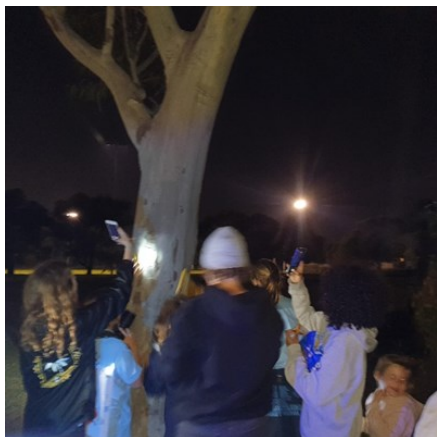


We discovered where our resident birds like our chickens and the magpie family from the front of our school sleep at night:



Families also observed flying foxes flying overhead, possums in the tree canopies, lots of bug life under logs and watched orb spiders casting webs to catch their dinner! Clearly our Biodiversity Corridor is thriving. This night was made possible by the 2021 Junior Landcare Grant from the Victorian Government which we received. What a remarkable world of living things we are part of! Happy Holidays nature warriors!

**Lost property:** a small green torch - if found please hand in at the office.



**HELP Volunteer family needed in Term 2 on Saturdays to look after school chickens!**

Thank you to the Jeal family for looking after our chickens each Saturday, this term.

If you are able to take on this important job each Saturday in Term 2 - please call Pascale on 0417 148 764. Thank-you!



# Parenting *ideas* INSIGHTS

*Building parent-school partnerships*

WORDS Michael Grose

## Healthy ways for kids manage their emotions

Emotionally intelligent children, like their parents, know a range of healthy ways to manage their feelings.

**What training did you get from your parents in recognising or regulating your feelings – in other words, in managing your emotions? If you are like me, you didn't get much really constructive help at all.**

"Don't worry! It will all turn out right!" was about the extent of the emotional management in my house, and I suspect in most other houses at that time.

I guess that's why many people automatically default to ineffective ways of dealing with their feelings – such as avoidance, denial and straight-up worrying – when difficult emotions emerge.

Those ineffective strategies are then passed on their children. Little wonder that anxiety, anger and apathy are commonplace among today's children and young people, even though we live in affluent times.

Sometimes, despite what we were taught, it's better to find ways to deal with negative feelings rather than avoiding them. Avoiding them can allow them to overwhelm us or cause us to act out. Here are seven healthy ways to manage your emotions that you can pass on to your children:

### 1 Breathe deeply

The trick here is to take deep breaths, rather than shallow breaths. The easiest way to breathe deeply is to sit up straight (or stand up straight). Count to 3 quietly while breathing in through your nose, and count to 5 while breathing out. Breathe slowly and deeply. You may even feel a little 'heady', which indicates deep (and low) breathing.

### 2 Find a favourite relaxation exercise

There are many instant relaxation exercises you can use to change your emotional state. My favourite way to manage nerves and tension is to tense my body for 3 seconds and then relax. Repeat this a number of times and you can't help but feel calmer. You can isolate part of your body such as your shoulders and arms to release the tension around your neck. There are plenty of quick techniques you can use to relax.

### 3 Use a positive reappraisal

Emotions are caused not by an event, but by the way we look at an event. To one person, giving a wedding speech is a chance to strut

their stuff (so they feel excited), while to someone else it is nothing but a nightmare (so they feel anxious). Change the way you view something and you'll better be able to manage your emotional response. "This is a challenge, not a problem" is a catch-all reappraisal. The more specific the reappraisal the more effective it will be.

### 4 Use positive, REALISTIC self-talk

Ever talked yourself out of doing something exciting, new or challenging before you've even started? Maybe you've said something like: "I'll never be able to do that" or "This will stress me out big time" or "I'm no good at..."? I know I have.

Next time you catch yourself talking yourself (or something else) down, replace the negative with something realistic but more positive. Something like "I've done it in the past and I survived. So I should be able to do it again." Repeat this a few times and your emotional state will shift to a better one.

more on page 2 >>

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# Parenting*ideas* INSIGHTS

... healthy ways  
for kids manage  
their emotions ...

2

## *deal with negative feelings*

### 5 Exercise

Exercise releases endorphins, nature's feel-good chemical, which will move your mood to a better state. The paradox is that we often don't feel like exercising when that's exactly what we really need. Don't let those feelings stop you. Going for a run, walking the dog or even a playing a game outside with the kids is the very thing you need to feel better.

### 6 Distract yourself

A healthy distraction, such as phoning a friend, reading a novel or watching a comedy is a way many people use to manage difficult emotions. It's a highly recommended strategy for natural worriers! It's amazing how much better a situation will seem after giving your mind a short break from it..

### 7 Have constructive habits and hobbies

One of the tenets of good emotional health is that a person needs hobbies and interests that lift them up and make life enjoyable. Single-tracked lives – all work and no play – are recipes for emotional disaster. If you can relate to this, then I suggest you take the time to find a hobby or interest that juices you up. The same, of course, holds for kids. All work and no play makes ... well, it's hard to hold it together if you are feeling stressed all the time.

**It's important that as parents and teachers we practise good emotional management techniques ourselves so we are better placed to pass them on to kids. The upside is that'll we'll feel better, make better decisions and be more effective as parents and teachers as well.**

This is an extract from "15 right ways to manage emotions", a special report available at [Parentingideasclub.com.au](http://Parentingideasclub.com.au)

Michael Grose



Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's **NEW Parentingideas Club** today at [parentingideasclub.com.au](http://parentingideasclub.com.au). You'll be so glad you did.



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## Community Information



**ST PAUL'S  
MCKINNON JFC**

**JOIN THE  
TEAM**

**LIMITED  
VACANCIES**

**ANY SKILL &  
EXPERIENCE  
WELCOME**

U10 Girls (Grades 3/4)  
U12 Girls (Grades 5/6)  
U14 Girls (Grades 7/8)  
U13 Boys (Grade 7)

**EMAIL:  
PRESIDENT@STPAULSJFC.COM.AU**

## JUNIOR GIRLS

### FOOTY 4 FUN ROADSHOW



Footy 4 Fun Junior Girls is all about giving girls (turning 5-14 years old in 2023) the opportunity to experience football in a fun and safe environment through fun activities and modified game.

**CHELTEMHAM  
11TH APRIL**



**EAST SANDRINGHAM  
17TH APRIL**





**REGISTER HERE!**

Venues and times can be found by scanning the QR code

You can attend one session or you can attend all four sessions for free!

**BENTLEIGH  
13TH APRIL**



**ST BEDES MENTONE  
20TH APRIL**



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