Principal's Report 1-3

This week in the Principal's Report the following topics are covered:

- * Capital Works Update
- * Child Safe
- * Teacher Meetings
- * Swimming Program
- * Class Reps
- * Epilepsy Day—Wear Purple
- * Sunsmart
- * Dogs in the school ground
- * Staff Car Park/Dropping Children Off
- * Coronavirus update

CSEF Applications are now due

If you receive a Centrelink Pension or have a Healthcare Card - you may be eligible for \$125.00 per child - to put towards school fees related to excursions, sport or camp.

Please come and collect an application form from the school office.

Reporting Student Absences

Please remember to let the school know by 9am if your child will be absent.

Please call or email the school office on Ph: 9570 3525 Email: east.benfleigh.ps@edumail.vic.gov.au

You must also provide a reason for the absence so that we can accurately record it.

A <u>signed note</u> by you is also required - to be handed to the class teacher for <u>each</u> <u>absence</u>. *Thank you*

Diary Dates

Mon 9th Mar

LABOUR DAY PUBLIC HOLIDAY

Monday 9th Mar - SCHOOL COUNCIL MEETING
7pm

Tues 17th Mar EPILEPSY DAY

(WEAR PURPLE) - Gold coin donation

Wed 18th Mar - Fri 20th Mar - Year 3 Camp WOMBAT CORNER - Emerald

Fri 20th Mar - RIDE2SCHOOL DAY

Wed 25th Mar

SCHOOL PHOTO DAY



<u>Thurs 26th Mar</u> - Easter Bonnet Parade 9am

<u>Fri 27th Mar</u>

LAST DAY TERM 1 2:30pm Early finish

Department of Education and Early Childhood Development



Bignell Road
East Bentleigh 3165
Phone: 9570 3525 Fax: 9579 0205
Email: east.bentleigh.ps@edumail.vic.gov.au

5th March 2020

Term 1 / Week 6, Issue 3

SCHOOL VISION:

East Bentleigh Primary School provides a rich, inviting, child-focused environment ensuring that all students feel safe and stimulated. Our students are able to achieve their full academic, creative and social potential, equipped for the challenges of lifelong learning. Students develop into healthy and confident individuals, actively contributing to the world in which they live.

At East Bentleigh Primary School we are committed to child safety.

Principal's Report - Maria Shearn

Hello everyone,

Capital Works Update

Work is continuing at quite a fast rate with our new building. As I arrived at school this morning there was some heavy duty welding being done around the roof space. The services are now all in, windows and doors are in too. The external cladding will begin to emerge over the next few days, with the internal plastering already under way. The landscaping plan is taking shape and I have sought the feedback of our senior students as to what their 'perfect' playground space may look like. I look forward to seeing what our budding architects and landscape designers come up with.



Child Safe

East Bentleigh Primary School is committed to the safety and wellbeing of all children and young people. This will be the primary focus of our care and decision-making. East Bentleigh Primary has zero tolerance for child abuse.

We are committed to providing a child safe environment where children and young people are safe and feel safe, and their voices are heard about decisions that affect their lives. Particular attention will be paid to the cultural safety of Aboriginal children and children from culturally and/or linguistically diverse backgrounds, as well as the safety of children with a disability.

Teacher Meetings

Our teachers aspire to being available to parents as often as necessary and usually will have time at drop off or pick up for a brief chat. I'd ask that if you need to speak to teachers for longer than a minute or two, to make an appointment to see them at a mutually convenient time - all teachers are available via email.

Please note that once the 8:55am bell goes, our teacher's first priority is the children in their class and as such cannot give you their full attention and please also note that after school on Mondays and Tuesdays they have staff/professional learning meetings to arrive at punctually. I thank you for your consideration and understanding in this.

Continued next page.....



East Bentleigh Primary School acknowledges Traditional Owners of Country throughout Australia and recognises the continuing connection to lands, waters and communities. We pay our respect to Aboriginal and Torres Strait Islander cultures and to Elders both past and present.

Principal's Report - Maria Shearn

Swimming Program

Our intensive 2 week swimming program for our year 3's and 4's finished last week and what a two weeks they were! The two weeks saw how well a logistically complex operation such as bussing very young students to and from a pool quite a distance away can work so efficiently with everyone working collaboratively together. The year 1's and 2's are currently mid-way through their intensive 2 week program.

The success of this program begins with the careful planning by John Seeary, Jane Keen and the staff at Toby Haenen Swim Centre. Then comes the cooperation demonstrated by our students, guided by their teachers and support staff getting to and from the pool. Lastly but by no means least, what also helped enormously was the fantastic parent support we have down at the pool to ensure that children are dressed in record time.

It is great to see so many of our children participate so enthusiastically and a great deal of improvement in their skills was noted. I was particularly proud of the way our young ones conducted themselves during the change of routine over the ensuing weeks. Well done to ALL involved.

Class Representatives

Thank you to those parents who have taken on the role of class rep for 2020. Class reps play a most important role in ensuring that important information is disseminated to all families of each class. We now have all classes with a class rep. Many thanks also to Lisa Vance who is coordinating this group.

Epilepsy Day – Wear Purple – Tuesday 17th March

Celebrating this day gives us all an opportunity to recognise the importance of inclusion and diversity and how positively these values can affect our workplace, home life and our communities.

Our student leaders have organised a "PURPLE DAY" to celebrate this event. All gold coin donations will go to the Epilepsy Foundation who do so much good work to improve the lives of people with Epilepsy. Purple Day was founded in 2008, by nine-year-old Cassidy Megan of Nova Scotia, Canada. Motivated by her own struggles with Epilepsy, Cassidy started Purple Day in an effort to get people talking about the condition and to let those impacted by seizures know that they are not alone. She named the day Purple Day after the internationally recognized colour for Epilepsy, lavender.

Sunsmart

It is fantastic to see that hats are being worn whilst out in the sunshine with little need for reminders these days - thank you to our parents and teachers for your continued support.

A reminder though that those UV rays are at their strongest at the end of the day so we strongly encourage hats being worn when coming to and from school - perhaps an extra hat that lives in your child's school bag would do the trick.





Dogs in the school ground

Parents please refrain from bringing your pet dogs into the school grounds. We do have some children who are terrified of dogs. Please leave them tied up outside the gate. Thank-you.

Staff Car Park/ Dropping Children Off

A reminder about the safe dropping children off and/or picking children up out the front of the school is indicated after a few incidents of unsafe and discourteous driver behaviour this week at the front of the school, particularly in the Kiss and Go area. There are times and areas where you may park, and there are times and areas where you may not. If you need to stop even for only ten minutes, it is a good idea to park in one of the local side streets where there is ample parking.

People who do just stop and then move off again quickly, do need to have the places to do so. Please do not use up these spaces if you have to leave your car for more than a couple of minutes. For one thing you could be booked, for another it is not fair to those people who are in a hurry. If you use the Kiss and Go area to drop off your child remember there is a 2 minute limit and that you may not leave your car at any time. Thank you to those parents who consistently use this area so efficiently. It has been noticed. I was pleased to receive this feedback from a community member today.....

Dear Maria,

I wish to commend your community for the thoughtful manner they were parking and dropping off yesterday. The use of the Kiss & Go area was efficient and speedy. Never easy to manage traffic along a

busy road.

Best wishes with your new buildings.

Also please remember that the staff car park is for staff only – for safety reasons it is not a dropping off or picking up area. I have noticed that some parents are using the staff car park to do a U turn or wait in their car while the other parent is dropping your child off. Please do not do this. Some of our sessional staff arrive either right at 9:00am or afterwards and need to have a place to park their cars. I thank you for your consideration in this.



Continued next page.....

Principal's Report - Maria Shearn

Coronavirus disease (COVID-19) – Update What's new:

The department has confirmed its first case of COVID-19 in a returned traveller from Iran. They have a mild illness and are recovering in isolation at home.

The case returned to Melbourne on Malindo Air flight OD177 from Bali arriving at 0600hrs on 28 February 2020.

Any passengers on that flight who become unwell should seek medical attention and call ahead to let the doctor know they may have been exposed to COVID-19.

The case definition has been updated to reflect the current situation.

Additional border measures now include people who have been in, or transited through, Iran since 1 March 2020. People who have been in Iran in the last 14 day are required to self-isolate until 14 days after leaving Iran.

A fourth Victorian passenger from the Diamond Princess has tested positive for COVID-19 and has been repatriated to Victoria to continue their care in isolation.

There have now been 9 confirmed cases in Victoria, including the four Diamond Princess passengers.

New South Wales has confirmed the first case of locally acquired COVID-19 in a person with no travel or contact with known cases. The case is a healthcare worker.

People who have been in mainland China (excluding Hong Kong SAR, Macau and Taiwan) in the past 14 days are still required to self-isolate until 14 days after leaving China.

Anyone who has been in close contact with a confirmed case of COVID-19 should also stay at home and avoid public settings until 14 days after their last contact.

There is no requirement for people from countries other than mainland China and Iran to self-isolate if they are well. Stay informed of updates at https://www.dhhs.vic.gov.au/novelcoronavirus

**Thought **

"You can teach a student a lesson for a day; but if you can teach them to learn by creating curiosity, they will continue the learning process as long as they live." Clay P. Bedford



Parent Information

Maths at Home



Providing students will real world examples and applications of maths topics learnt at school is one of many ways parents can help extend their children's learning. When children apply their knowledge to practical situations in everyday life, they begin to develop deeper understandings. Numeracy is necessary for everyday living. From daily activities like telling the time, cooking and setting the table to more difficult tasks such as understanding mobile phone plans, planning a trip, reading a map and understanding timetables.

Below is a list of ways that you can help extend your children's learning.

Cooking

- Collect cooking and preparation tools
- Talk about the recipe/ingredients using terms like more, less, how many, how much
- Set the table, copy a model setting
- Investigate the units of measurement for items in the pantry or refrigerator
- Cut the sandwich in half: "Can you cut the sandwich in half creating a different shape?"
- Change a recipe that serves 6 for 4 people (or 6 for 3 people for lower levels). How much of each ingredient will we need?

Shopping

- Estimate the total cost of your supermarket purchase
- Estimate and weigh the fruit and vegetables
- Compare two items for the best value for money
- Find specific items
- Cut items from shopping brochures that add to different values
- Estimate how many bags you will need to carry your grocery shop
- Use cash to provide your child with the experience of receiving and counting the change
- Notice shapes and use mathematics vocabulary (rectangular prisms instead of boxes)

Are we there yet?

- Collect important dates and mark them on a calendar
- Time how long does it take us to travel to school
- Estimate how far you've travelled, the distance to your destination, and how long it is going to take
- Find the arrival time: e.g. If it is 4:38 pm now and it will take us 15 minutes to get there
- Investigate how long it is to your children's birthdays (in months, weeks, days or hours)
- List your daily schedule. What time do you get up? What time do you go to school?
- Read the public transport maps to follow along with each stop

By Bill Portelli—Grade 4P Class Teacher



Laura Siu & Jenny Small - Numeracy Coordinators

Parent Information



Literacy Corner



In our Professional Development with Fiona Jackson last week teachers were given an overview of the teacher resource "Six Traits +1 of Writing" by Ruth Culham. The Six Traits of Writing are Voice, Ideas, Presentation, Conventions, Organization, Word Choice, and Sentence Fluency. It creates a common vocabulary and guidelines for teachers to use with students so that they become familiar with the terms used in writing.

Much discussion was had about what motivates children to want to write. One powerful way to encourage students to develop their ideas is by listening to and reading good quality texts. The school has purchased several excellent 'mentor texts' that are highly engaging, show a variety of writing styles and author voice and will help to inspire students in their writing.

To further understand the challenge that some students face in generating ideas, the teachers were challenged to write a description with a picture prompt of a creepy house. This is what one of our very talented teachers wrote!

It all began in an enormous storm that caught me unawares. I was lost, cold and frightened. I looked up and saw a house ahead. It seemed to loom over the other houses in the street, an eerie and forbidding presence. The grime of centuries seemed to weigh down its façade. The sight of dilapidated paintwork only heightened my dread at the thought that this may be my only hope of shelter....

Here is an excellent example of some very creative writing by Tilly & Isabella in 6A



Amanda Kershaw and Jill Griffin – Literacy Coordinators

Parent Information

Wellbeing at East Bentleigh P.S.

Positive Education/Respectful Relationships/Restorative Practices



Restorative Practices

The restorative approach is based on the belief that the people best placed to resolve a conflict or a problem are the people directly involved, and that imposed solutions are less effective, less educative and possibly less likely to be honoured. The ultimate aim of this approach is to build a strong, mutually respectful, safe and inclusive school community in which everyone feels valued

At East Bentleigh Primary when there is conflict or argument between students, both parties, are brought together to discuss the situation and in the process of problem solving, determine what's needed to try to fix the situation. All involved have the opportunity to be heard and the opportunity to make amends. Students are encouraged to reflect on and learn from the experience in a respectful way. Agreements reached may still involve discipline procedures.



RESTORATIVE PRACTICES ARE UTILISED AT EAST BENTLEIGH PRIMARY SCHOOL TO:

- * Encourage students to take responsibility for their actions and to learn that they have a responsibility to themselves and others to work through and resolve issues.
- * Engage students actively in the problem solving process, involving all those affected by the conflict to find a way forward, reducing anger and

KEY VALUES Respect, inclusion, accountability and taking responsibility, commitment to relationships, impartiality, being non-judgemental, collaboration, and empowerment

KEY SKILLS Active listening, facilitating dialogue and problem-solving, listening to and expressing emotion and empowering others to take ownership

A restorative approach to conflict or wrongdoing consists in asking KEY



What has happened?



Who has been affected?



How can we involve everyone who has been affected in finding a way forward?



How can everyone do things differently in the future?

THE POTENTIAL ADVANTAGES OF RESTORATIVE APPROACHES IN THE SCHOOL SETTING INCLUDE:

A safer, more caring environment

A more effective teaching and learning environment

A greater commitment by everyone to taking the time to listen to one another

A reduction in bullying and other interpersonal conflicts

Recognition of the need to belong and feel valued by peers and significant adults

Greater emphasis on responses to inappropriate behaviour that seek to reconnect and repair relationships

OUESTIONS:

An increased belief in the ability of young people to take responsibility for their choices, and more people giving them opportunities to do so

WHEN THE RESTORATIVE APPROACH CANNOT BE USED:

A restorative intervention is voluntary- a student refuses to be part of the restorative discussion

A child who has done harm and refuses to acknowledge, or own the behaviour

The discussion process is not adhered to by participant/s i.e. everyone has a turn, one person speaks at a time, participants are respectful of the process and each other

Restorative practices can produce excellent results, especially if its use is supported by the entire school community.

Lee Jellis - Student Wellbeing Co-ordinator

Parenting Article

parenting *ideas

INSIGHTS

Making new friends and staying in touch with old classmates



As a parent there is a great deal you can do to help your child adjust socially at the start of the school year. Here are some tips to help.

Encourage your child to be open to new friendships

An open, friendly attitude is a child or young person's best social asset. Students who open to forming new friendships are more likely to succeed than those who seek solitude, who are critical and who limit themselves to just one or two familiar faces. Encourage your child or young person to seek out new friendships, even though they may feel uncomfortable or strange at first.

Encourage healthy relationships

Do all you can to encourage healthy relationships based on respect and common courtesy. Generally, when a relationship is healthy a child feels safe, valued and able to speak up. Unhealthy relationships, such as cliques, are restrictive, one-sided and are full of gossip and criticism.

Encourage inclusiveness

Studies have shown inclusiveness to be one of the prime social skills shared by socially successful students. Encourage your child or young person to include others in games, conversations, team activities and other group activities. Inclusiveness is not just a wonderful friendship skill, it's strong leadership attribute as well.

Encourage friendships with both genders

If you are in a co-education environment encourage your child to form friendships with both boys and girls. This is particularly valid if your child has siblings of their own gender, or don't have siblings. It's through these early relationships that we gain the confidence to mix with different genders in the later years. Forming friends across genders helps to break down the mystique that sometimes forms, when a child has little contact with the 'other' gender.

Stay in touch with former classmates and school friends

Encourage your child to maintain friendships with former classmates and groups outside of school as this helps to insulate against unfriendly behaviour that they may experience with their close social circle.

Parenting Article

parenting *ideas

Provide social scripts

Your child may benefit from being provided with some social scripts that they can use in common social situations such as meeting a new friend, joining in a game or asking someone else for help. Boys, in particular, can benefit when given the words to use in a variety of different social situations.

Forming new friendships can take time

Meeting new students and forming new friendships can be anxiety-inducing. If this is the case for your child, then it helps to acknowledge their feelings of discomfort, but also remind them that these feelings will pass. As well discuss the fact that feeling comfortable with new friends often takes time, particularly if your child by nature is reserved or slow to warm up in social situations.

Helping kids work through friendships can be tricky for a parent as you don't have a great deal of control over what happens at school. However, with empathy, patience, encouragement and a supportive attitude you can do a great deal to help your child make a smooth social transition.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 12 books for parents including *Spoonfed Generation* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It.* His latest release Anxious Kids, was co-authored with Dr Jodi Richardson.

Community Information



Seeking relief School Crossing Supervisors

Glen Eira City Council is currently recruiting relief school crossing supervisors. We are looking for people who are willing to travel across the whole of the municipality, have their own transport and have availability to be called on at short notice in the mornings and in the afternoons. Applicants must have excellent communication skills, enjoy working with people, be reliable and hardworking. If you are interested in applying for the role, visit https://www.gleneira.vic.gov.au/about-council/careers/explore-our-jobs/job/4336.

For further information, contact School Crossing Business Support Officer Sandra on 9524 3333 or email schoolcrossing@gleneira.vic.gov.au.

Vedic meditation for parents and teachers

Have you been curious about beginning your own meditation practice?

Attend a free introduction talk to Vedic meditation and discover how you can experience less stress, better sleep, more energy, feel calmer, less reactive, more present, confident and happy! Vedic meditation is an effortless, simple and comfortable technique that anyone can learn. It is deeply rejuvenating and helps dissolve stress in the body. You don't need to stop your mind from thinking or sit on the floor cross legged, this technique has been designed for people who live and work in the modern world.

Join Kathleen O'Brien from 'Mahasoma meditation collective' for a free talk and learn how you can transform your life from the inside out.

If you want to find out more you can also talk to Cath O'Brien personally who can share her own experience.

When: Tuesday 24th March 7:00pm-7:45pm

Where: 29 Luxmoore street, Cheltenham 3192 (Cath O'Brien's home)

RSVP: kathleen@mahasoma.com

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