

Principal's Report | - 2

This week in the Principal's Report the following topics are covered:

- * Child Safe Practices
- * School Council - Parent Member
- * Staff Carpark - NO pickups/drop offs
- * Teacher Meetings
- * Epilepsy - Wear Purple Day

BREAKFAST CLUB IS HERE!

8:15-8:45am

in new Performing Arts
Centre (PAC)

*If your child has allergies—
please email*

*jane.ross@education.vic.gov.au
before they attend.*

Reporting Student Absences

Please remember to let the
school know by 9am if your
child will be absent.

Please call or email the school
office on Ph: 9570 3525 Email:
east.bentleigh.ps@education.vic.gov.au

You must also provide a
reason for the absence so that
we can accurately record it.

****A signed note by you is also
required - to be handed to the
class teacher for each
absence. Thank you**

Diary Dates

Yr 1&2 Swimming Program - 9 days
1st Mar Feb to 12th Mar.

Yr 3&4 Swimming Program - 9 days
15th Mar to 26th Mar.

Year 6 Camp - Phillip Island 4 days
9th Mar - 12th Mar

PURPLE DAY - Friday 26th March
Epilepsy Awareness - Gold Coin Donation

EASTER BONNET PARADE - Tuesday
30th March

SCHOOL PHOTO DAY
Wednesday 31st Mar
also - Last Day Term 1

STUDENT FREE DAY - Teacher PD
Thurs 1st April



East Bentleigh Primary School

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4th March 2021

Term 1 / Week 6, Issue 3

SCHOOL VISION:

East Bentleigh Primary School provides a rich, inviting, child-focused environment ensuring that all students feel safe and stimulated. Our students are able to achieve their full academic, creative and social potential, equipped for the challenges of lifelong learning. Students develop into healthy and confident individuals, actively contributing to the world in which they live.

At East Bentleigh Primary School we are committed to child safety.

Principal's Report - Maria Shearn

Hello everyone,

I hope this newsletter finds you all well. At school there is high excitement in the air as our Year 1 and 2 children participate in their intensive 9 day swimming program. Whilst it is a fun and engaging program we are finding many tired children in the afternoons. Perhaps an earlier bedtime during this program may be useful. Our Year 6 students are looking forward in anticipation of their camp to Phillip Island next week. Let's all hope they have a fabulous time exercising their independence muscle after the rigours of last year.

Our preppies are now well and truly settled into their class groupings and are now attending 5 days per week. Despite the hiccup of the recent mini lockdown, life at school is developing a beautiful learning rhythm thanks to the combined efforts of our teachers and ES staff as well as parents who are teaching their children the importance of regular punctuality. It is wonderful to see all classes well established in their morning routines as I make my way back into my office after morning drop off. Thank you everyone.



Child Safe Standards

East Bentleigh Primary School is committed to the safety and wellbeing of all children and young people. This will be the primary focus of our care and decision-making. East Bentleigh Primary has zero tolerance for child abuse.

We are committed to providing a child safe environment where children and young people are safe and feel safe, and their voices are heard about decisions that affect their lives. Particular attention will be paid to the cultural safety of Aboriginal children and children from culturally and/or linguistically diverse backgrounds, as well as the safety of children with a disability.

Every person involved in the East Bentleigh Primary School community has a responsibility to understand the important and specific role he/she plays individually and collectively to ensure that the wellbeing and safety of all children and young people is at the forefront of all they do and every decision they make.

In our planning, decision-making and operations, East Bentleigh Primary School will

1. Take a preventative, proactive and participatory approach to child safety;
2. Value and empower children to participate in decisions which affect their lives;
3. Foster a culture of openness that supports all persons to safely disclose risks of harm to children ;
4. Respect diversity in cultures and child rearing practices while keeping child safety paramount

Continued next page.....



East Bentleigh Primary School acknowledges Traditional Owners of Country throughout Australia and recognises the continuing connection to lands, waters and communities. We pay our respect to Aboriginal and Torres Strait Islander cultures and to Elders both past and present.

Principal's Report - Maria Shearn

5. Provide written guidance on appropriate conduct and behaviour towards children;
 6. Engage only the most suitable people to work with children and have high quality staff and volunteer supervision and professional development;
 7. Ensure children know who to talk with if they are worried or are feeling unsafe, and that they are comfortable and encouraged to raise such issues;
 8. Report suspected abuse, neglect or mistreatment promptly to the appropriate authorities;
 9. Share information appropriately and lawfully with other organisations where the safety and wellbeing of children is at risk; and
 10. Value the input of and communicate regularly with families and carers.
- Throughout the year you will read in more detail how our school is going about ensuring the safety of our precious children.

School Council

At the end of the nomination period earlier this term, we still have 1 casual vacancy (1 year) in the parent representative category for this important group in the life of our school. Please contact the office if you would like to find out more.

Staff Car Park/ Dropping Children Off

A reminder about the safe dropping children off and/or picking children up out the front of the school is indicated after a few incidents of unsafe and discourteous driver behaviour this week at the front of the school, particularly in the Kiss and Go area. There are times and areas where you may park, and there are times and areas where you may not. If you need to stop even for only ten minutes, it is a good idea to park in one of the local side streets where there is ample parking.

People who do just stop and then move off again quickly, do need to have the places to do so. Please do not use up these spaces if you have to leave your car. For one thing you could be booked, for another it is not fair to those people who are in a hurry. If you use the Kiss and Go area to drop off your child remember there is a 2 minute limit and that you may not leave your car at any time. Thank you to those parents who consistently use this area so efficiently.

Also please remember that **the staff car park is for staff only – for safety reasons it is not a dropping off or picking up area**. I have noticed that some parents are using the staff car park to do a U turn or wait in their car while the other parent is dropping their child off. Please do not do this. Some of our sessional staff arrive either right at 9:00am or afterwards and need to have a place to park their cars. I thank you for your consideration in this.

Teacher Meetings

Despite COVID restrictions, our teachers aspire to being available to parents as often as necessary and usually will have time at drop off or pick up for a brief chat. I'd ask that if you need to speak to teachers for longer than a minute or two, to make an appointment to see them at a mutually convenient time - all teachers are available via email and/or Webex.

Please note that once the 8:55am bell goes, our teacher's first priority is the children in their class and as such cannot give you their full attention and please also note that after school on Mondays and Tuesdays they have staff/professional learning meetings to arrive at punctually. I thank you for your consideration and understanding in this.



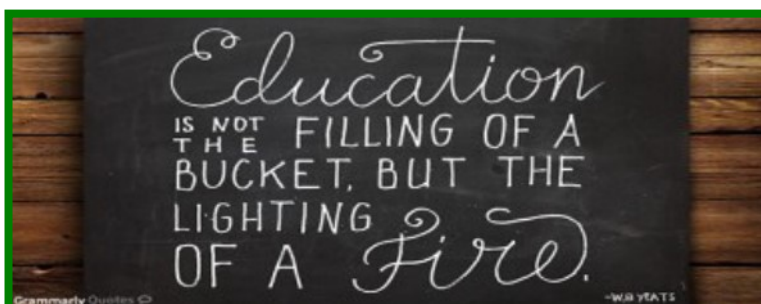
Epilepsy Day – Wear Purple 26th March

Friday March 26th is Epilepsy Day. Celebrating this day gives us all an opportunity to recognise the importance of inclusion and diversity and how positively these values can affect our workplace, home life and our communities. Our student leaders will organise a **“WEAR PURPLE DAY”** to celebrate this event. All gold coin donations will go to the Epilepsy Foundation who do so much good work to improve the lives of people with Epilepsy.

Purple Day was founded in 2008, by nine-year-old Cassidy Megan of Nova Scotia, Canada. Motivated by her own struggles with epilepsy, Cassidy started Purple Day in an effort to get people talking about the condition and to let those impacted by seizures know that they are not alone. She named the day Purple Day after the internationally recognized colour for epilepsy, lavender.

Thought

Until next time.....Maria Shearn - Principal 😊



Restorative Practices @ EBPS



Many of you are familiar with the Restorative Practice model for dealing with problems or conflicts that arise in the day-to-day lives of children. For some of you this may be a new approach you don't know much about.

At East Benteigh Primary when there is a problem, or an argument between students, they are brought together to talk about what happened and in the spirit of problem solving, work out what's needed to try to fix the situation. Everyone has the opportunity to be heard and the opportunity to make amends. Students are encouraged to think about and learn from the experience in a respectful way. Participation is voluntary and requires children to accept and acknowledge they may have done something harmful or unhelpful. Agreements reached may still involve discipline.

The Restorative practice model is about each person involved telling their story, exploring the feelings that have arisen, examining the thinking that may be behind an action, and problem solving a solution as a group. The teacher's role is not to judge and punish, but to listen and support.

We find that this model makes children less anxious about 'getting into trouble' because they are solving a problem together and trying to 'fix' things - (a relationship). When children are less anxious, they are more likely to be open and honest and to feel that the adults around them are there for support; to help them repair things so everyone can move on in a happier state.

How you can help

Encourage your children to:

- Offer their support to other students through friendship
- Be sensitive to different abilities and needs
- Attempt to see situations from other people's points of view
- Listen to all sides of a story
- Not react in anger when things don't go their way
- Ask questions to get other's ideas, opinions and feelings
- Talk to others without sarcasm or putdowns
- Support the group's decision or agreement
- Be respectful of others attempting to resolve issues

Lee Jellis - Wellbeing Coordinator

Parent Information

Welcome to 2021 from the Literacy team at East Bentleigh

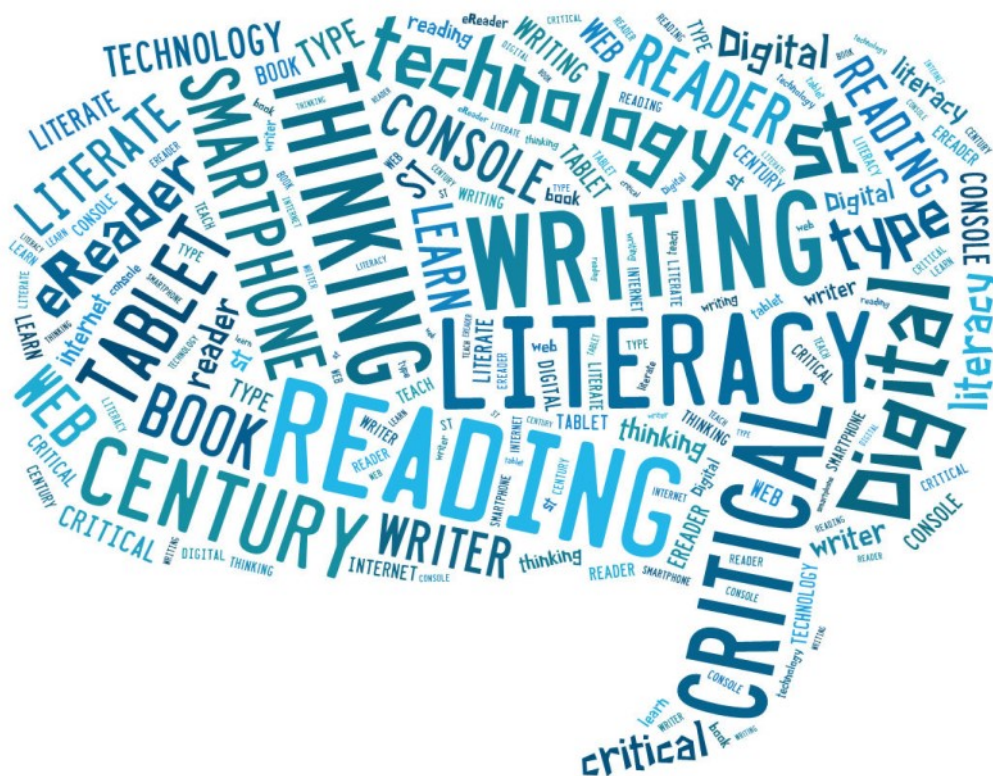
This year we look forward to a more settled year where students can consolidate and grow their progress in reading, writing and speaking and listening.

In F-2 classes we have introduced a daily phonemic awareness program called Heggerty. Phonemic awareness is a vital element for the development of reading and spelling. Phonemic awareness is the ability to focus on the separate, individual sounds in words, the phonemes. The program takes around 15 minutes each day.

Across the school, teachers have been using a resource called '6 +1 Traits of Writing'. This resource was developed by teachers who studied 15,000 papers year 3-12 and sorted them using the common elements in the writing and in turn became the '6 traits'.

The 6 traits are:

| | |
|-------------------------|---|
| Ideas | Choosing a topic that is meaningful to the writer |
| Voice | Showing the person 'behind' the words –putting your personal stamp on your writing |
| Organization | The structure of the writing piece |
| Conventions | The rules of spelling, punctuation and grammar |
| Word Choice | The use of rich vocabulary |
| Sentence Fluency | The flow of the sentences that make it easy for the writer to read and understand. We look forward to sharing examples of our students' writing throughout the year. |



Jill Griffin & Amanda Kershaw - Literacy Coordinators

Maths at EBPS

Maths learning today has changed a great deal over the years. In the newsletter we will try to share with you explanations and examples of mathematical learning today.

This week we tackle the difference between the terms Numeracy and Mathematics, both of which you have probably heard your children and teachers mention. Often people mistake them as interchangeable however whilst they are very much linked there is a difference between the two.

Mathematics is the study of numbers, patterns and shapes. Whereas Numeracy is the ability to understand and work with numbers. In other words, it's one's literacy in mathematics, which involves the ability to use mathematical knowledge and solve problems in real life.

The Victorian Curriculum is designed to cater for both mathematical and numeracy learning through the four proficiencies where each strand of learning is experienced through fluency, understanding, reasoning and problem solving.

For those of you that would like to know more visit: <http://numeracyguidedet.global2.vic.edu.au/>

For more specific tips for Numeracy at home visit: <https://numeracyguidedet.global2.vic.edu.au/numeracy-at-home/>

Puzzle

Roly poly

The dots on opposite faces of a dice add up to 7.

1. Imagine rolling one dice.

The score is the total number of dots you can see.

You score 17.

Which number is face down?

How did you work out your answer?



2. Imagine rolling two dice.

The dice do not touch each other.



The score is the total number of dots you can see.

Which numbers are face down to score 30?

The solution will be in the next newsletter.

Parent Information

MPSSA District Swimming

On Tuesday, twenty-one students competed at the MPSSA swimming event at GESAC. It was cold and windy conditions that greeted us, but to the students credit they performed as best they could.

Special congratulations go to Jade.W 6A, who finished 3rd in the 12yr Girls Freestyle race. She displayed great resilience to gain a place as her goggles fell off as she dove into the pool.



Thanks also to Monica and Marty Huish for assisting on the day.

John Seeary - PE Teacher

Sports Update Term 1

Throughout Term 1, the Grade 5 and 6 students have been competing in various Summer Sports in the Moorabbin District.

We have two Kanga Cricket teams. The Blue team had an epic battle against the White team last week. The final scores were 155-136.

The Hotshots tennis team play their games at Maccabi Tennis Club. They won their first two matches but lost to top team Valkstone last week.

Rounders had a tight match against Valkstone unfortunately going down 12-10. They have had one win and a draw to start the season.

Our Lawn Bowls and Circleball teams have yet to win a match, but with many Grades 5 they are enjoying competing for the first time.

Thanks - Harper and Mimi. 6A



BREAKFAST CLUB IS HERE !



Dear Parents and Guardians,

We are very pleased to advise that the School Breakfast Clubs Program is now at East Bentleigh P.S.

Our new School Breakfast Club runs every morning from 8:15am to 8:45am in our new Performing Arts Centre (PAC).

Delivered by the Victorian Government in partnership with Foodbank Victoria, the program provides healthy meals to help students focus better and participate fully in their education.

Our School Breakfast Club aims to ensure students start the day with a healthy meal, to improve concentration, to help students make friends and develop strong social connections.

The breakfast club is run by Jane Ross and Christine Kennedy (ES Staff).

If your child has any food allergies you must contact Jane Ross via email before their attendance on jane.ross@education.vic.gov.au. Come and join us for a healthy start to your day.

ALL ARE WELCOME!

Regards Jane & Christine

Email: jane.ross@education.vic.gov.au

[engage] 1 on 1 Psychology for Young People

East Bentleigh Primary School has acquired the counselling services of Registered Psychologist **Kathy Astrinakis**, from Engage 1on1 Psychology.

Kathy is a private Psychologist who will be providing a bulk billed counselling service to the students at East Bentleigh PS who have a **referral letter** and a **Mental Health Care Plan** (item No. 2715 or 2717) from a referring GP.

The Mental Health Care Plan will entitle students to 6-8 bulk billed counselling sessions each calendar year. The counselling service will take place at East Bentleigh Primary School allowing ease of access to the service.

Please contact **Sue Jackson (or the school office)**, once a referral letter and Mental Health Care Plan have been obtained from your GP. We will then liaise with Kathy to set up an appointment time for you to meet.

INSIGHTS

by Michael Grose – No. 1 parenting educator

parentingideas.com.au

parentingideas.co.uk

parentingideas.co.nz



Raising kids to be lifelong learners

The world has changed dramatically since we went to school. The pace of change is now so fast that what may have been in vogue just a few years ago is totally outmoded today.

The world has changed dramatically since we went to school. The pace of change is now so fast that what may have been in vogue just a few years ago is totally outmoded today.

Technology is one area that constantly changes and renews. It was only a few ago that CDs replaced cassettes. Now I drive a car with an iPod adapter but no CD player. CDs are so 2009! Let's not even talk about vinyl records...

Advances in technology mean that we constantly need to change our skills and knowledge, both at home and at work, to avoid being left behind. The new social divide is not so much between rich and poor, but between those who can adapt to change and those who can't. Adapting to change requires you to be constantly learning.

Modern education is no longer about preparing kids to get a job. As the world now expects and rewards continuous learners, today's schools try their best to help kids see themselves as lifelong learners who are able to easily adapt to change.



Kids are natural copycats

As you well know, kids learn what they live. If you want your kids to value learning then you need to go first. Kids need to see that their parents value learning, not just by giving it lip-service, but by embracing change and being active learners themselves.

There are plenty of ways you can show kids that you are a constant learner. Challenging yourself in the kitchen, using new social media, and researching holidays online are simple ways to show kids that you embrace change and that you are willing to learn new skills and knowledge.

Kids learn in different ways

It also helps to talk with kids about different ways of learning and different ways of being smart. The modern education scene is familiar with the concept of multiple intelligences and different ways of learning. It really helps if you know your preferred style and where you are smart, so you can help your kids to do the same. For instance, I'm a practical learner who learns best by doing rather than being shown. I can be given instructions to work out something technical, but I won't learn it until I try it a few times. I also know that I do my best problem solving when I have a pen in my hand or I'm in front of a keyboard.

My son, on the other hand, is a very different learner. He is very visual and loves to learn by using charts and other prompts. He's also at his problem-solving best in a physical environment such as a kitchen or in the great outdoors. He does his most creative thinking when he's on the move rather than in front of a keyboard. This sort of self-knowledge about learning preferences aids more effective learning.

Mistakes are part of learning

It also helps if you can reinforce to kids that mistakes are part of learning. In fact, most kids fail their way to success. That's how they learned to walk, talk and play with each other. Your attitude to errors will affect your children's view of themselves as learners. If you overreact when kids don't get things right then kids will, in all likelihood, cease taking risks for fear of making mistakes. However, if you see mistakes as learning opportunities, or simply the first step to getting things right, then kids are more likely to develop a healthy attitude to learning, and realise that really effective learning takes time, effort and energy.

As parents we need to nurture questioning, curiosity and problem-solving in our kids so they hook into the concept of being continuous learners. The world we are preparing them for demands nothing less!

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and click on the Like button.

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Come & try
CALISTHENICS
at Emmanuel!

Dancing - Acro - Ballet
Acting - Apparatus
Games - Teamwork
Fun - Performance

TINY TOTS (AGES 3 & 4)
SATURDAYS 9.00AM - 10.00AM

TINIES (AGES 5-7)
WEDNESDAYS 4PM - 4.45PM
SATURDAYS 9.45AM - 11.15AM

SUBBIES (AGES 8-10)
SATURDAYS 11AM - 1.30PM

JUNIORS (AGES 11-13)
WEDNESDAYS 5.00PM - 8.00PM

44 DOWNING ST.
OAKLEIGH

FIRST TWO
CLASSES FREE!

INFO@EMMANUELCALISTHENICS.COM.AU
CHRISTIE: 0403 313 990