

BULLETIN



East Bentleigh
Primary School

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Term 3 / Week 2 : 23rd July 2020

SCHOOL VISION: East Bentleigh Primary School provides a rich, inviting, child-focused environment ensuring that all students feel safe and stimulated. Our students are able to achieve their full academic, creative and social potential, equipped for the challenges of lifelong learning. Students develop into healthy and confident individuals, actively contributing to the world in which they live.

At East Bentleigh Primary School we are committed to child safety.

Hello everyone,

I hope that this communication finds you all healthy and happy despite the anxiety inducing events swirling around us all daily. I have found repeating the following mantra to myself each morning really helpful... *'When you can't control what's happening, challenge yourself to control the way you respond to what's happening. That's where your power is.'*

I hope it can have a positive effect on you too and can help you to try to approach every day with a positive 'growth mindset' despite the hurdles we face.

Parent/Teacher Interviews

Parent/Teacher interviews will be held in Week 3 of Term 3, (next week), from Monday 27th July. Interviews will be held online through Webex or via the phone. I hope that by now you have received your time slot for these very important communications.

Remote Learning

Whilst I acknowledge that learning from home throws up many challenges for families, (some more than others) I am hopeful that our more streamlined approach where siblings are able to work together on our whole school 'Inspirational People' project does lessen the load somewhat. As previously advised we have taken on board the feedback from parents and this has informed our approach this time. Please remember the advice I gave you the first time around.

Please remember, we are not expecting you to be your child's teacher. That is our job. If all else fails just make sure they read/are read to every day and complete what tasks they can. Can't upload to Seesaw - don't worry, there's always tomorrow - we are not keeping score. Our aim is to keep your child engaged and connected to school.

We understand all too well the pressures parents are under and every family is different. We are seeking feedback all the time. Some parents tell us there's too much work, others not enough. It is difficult to keep everyone satisfied but we are doing our best. I ask that you please be patient. We are working things out as we go along and changing our delivery according to needs and feedback.

Remember there are lots of resources and information for parents available both on our and the DET websites.

<https://www.education.vic.gov.au/Pages/default.aspx>

Coronavirus

Support and advice for educators and parents

[Parents](#)
[Schools](#)
[Early childhood education](#)

Learning from home

Support and advice

[Parents](#)
[Schools](#)
[Early childhood education](#)

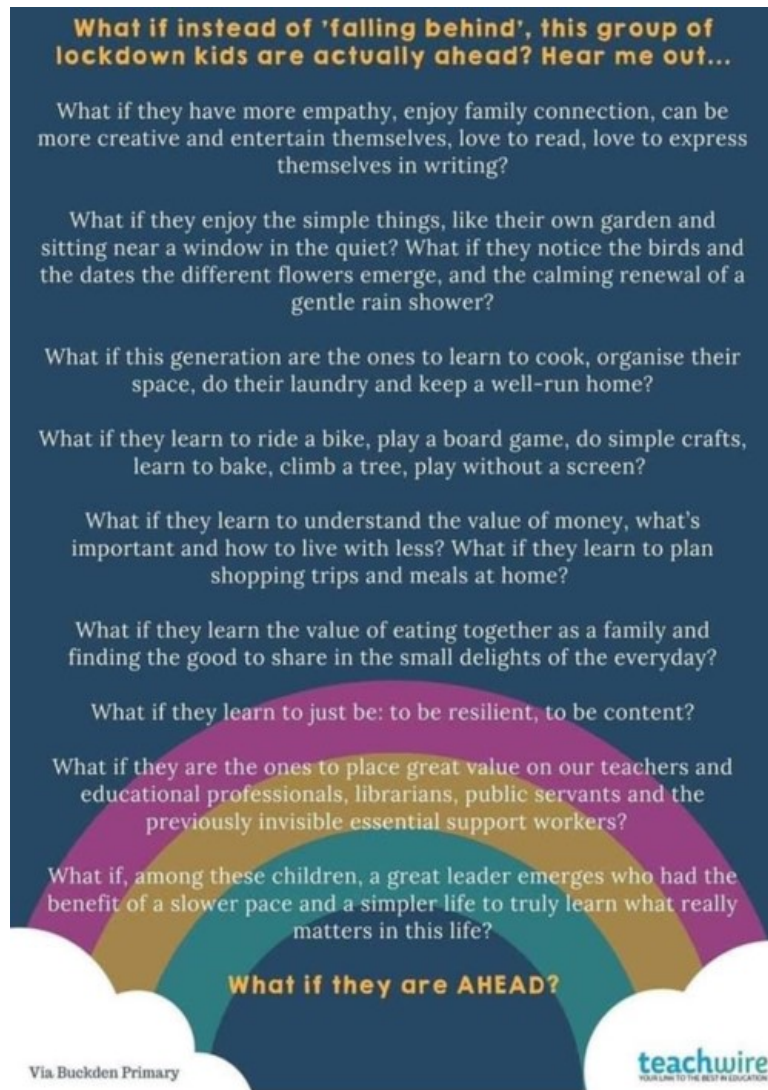
For parents

Practical information for Victorian parents and carers

[Coronavirus information](#)
[Starting school](#)
[Choosing childcare](#)
[More topics](#)

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Lastly please relax. It is early days. The most important thing for us to do is to look after your own and your child's mental health. Remember you can't pour from an empty cup. A reminder of what I shared with you at the beginning of remote learning in Term 2 which I found online.



On site Supervision

A reminder that any families requiring their child to complete their on line learning on-site must advise me by the Thursday of the previous week, by completing the DET form (the link is included in the email which includes this Bulletin), so that I can make appropriate arrangements here at school for their supervision, where they will be supervised to complete the same program as their peers at home. This is important because that whilst DET has a default position that all staff work onsite, at our school I have exercised my Principal discretion to allow staff to work from home unless they are rostered on for on-site supervision. Please note that **any children attending on-site must enter via the main office door, where they will be temperature checked and hand sanitised. They will then move to the appropriate learning areas. Please advise us as soon as possible if your child is unwell and not attending on his/her allocated day. PLEASE DO NOT SEND UNWELL CHILDREN TO SCHOOL.**

Temperature Checks

My apologies that the message about temperature checking children was omitted from the email advising parents of the student package pick up arrangements late last week. It was an inadvertent omission on my part. I'm sorry that it caught people by surprise as I pride myself on clear and transparent communication with our community. I certainly slipped up on this occasion. For your information, temperature checking is now something we have been directed to carry out via DET. Whether it will be required when we do eventually return to on-site learning whenever that may be, remains to be seen. I will inform you as and if the directions change.

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Wearing of Masks













I'm sure you will all be aware of the new rule regarding the wearing of masks whilst out in public by now. For your information all staff have been instructed to wear one whilst on-site unless of course they are teaching directly. Whilst children under 12 are not required to wear masks they can of course do so if you choose. Please see below the official advice from DET:

Effective from the commencement of the school day July 23rd:

* People living in metropolitan Melbourne and Mitchell Shire will now be required to wear a face covering when leaving home for one of the four reasons.

* There will be some reasons not to wear a face covering. For example, those who have a medical reason, kids under 12 years of age, those who have a professional reason or if it's just not practical, like when running – however you will still be expected to carry your face covering at all times to wear when you can.

* In our schools, that'll mean teachers don't have to wear a face covering while teaching – but students attending for VCE, VCAL or for on-site supervision will (see kids under 12 years above), while everyone will be expected to wear one on the way to and from school (see kids under 12 years above).

Chance of Transmission	Asymptomatic COVID-19 Carrier	Uninfected Person
VERY HIGH		
HIGH		
MEDIUM		
LOW		
VERY LOW		
VIRTUALLY NONE		

Bentleigh Farmers' Market

A reminder that our next Bentleigh Farmers' Market will be held this Saturday, between 8am and 12:30pm on our school oval under strict COVID-19 protocols. The weather forecast is for a coolish but fine morning so I encourage you to come along, support our Victorian farmers, our school's fundraising efforts and grab yourself some of the freshest produce in Victoria. The added bonus being you can give the supermarket a miss this weekend 😊



Thought

Don't let the miracles that haven't happened yet, blind you to the ones that already have.!

Until next time.....Maria Shearn - Principal 😊

PARENT INFORMATION

FOR SALE

There is a Gear 4 Music Student 1/2 size Violin (pink violin and pink case) assessed and valued by Felicite at \$100



The other is a 14" Stentor Music Co. Ltd - The Stentor Student II Viola (walnut viola with Blue case) assessed and valued by Felicite at \$250



Simon Berhang
[0416 039 901](tel:0416039901)



ACTION CALENDAR - FOR FAMILIES



30 actions to help parents look after themselves and their families in challenging times. Please use and share

- 1 Go on a smile collecting mission, starting with a smile in the mirror
- 2 Choose one song each and arrange a family dance off
- 3 Send someone a message to show you really appreciate them
- 4 Take turns to notice 3 things around you that are beautiful
- 5 Be kind to yourself and others
- 6 Together, make a list of things you are grateful for
- 7 Think of a goal to work towards and do one thing to get started
- 8 Take a mindful walk together and notice what you see hear and smell
- 9 Play Musical Statues
- 10 Create a bedtime routine together to help with sleep
- 11 Bake cupcakes and decorate them as gifts for each other
- 12 Cross your arms and give yourself a hug
- 13 Take turns to share a happy memory
- 14 Find out about the values and traditions of another culture
- 15 Do something together to support a local charity
- 16 Create a collage of things that make you feel happy
- 17 Before bedtime, share what has gone well during the day
- 18 Introduce a family 'Daily Pause' to be calm together
- 19 Create a family wishes jar and take steps to make them happen
- 20 Learn a new skill together as a family
- 21 Create a kindness box to keep a record of kind actions
- 22 'Surpriserise' yourself. Find unexpected ways to move your body
- 23 Make a rainbow salad
- 24 Smile and say something positive every time you walk into a room
- 25 Create a poster highlighting everybody's strengths
- 26 Notice the shapes, colours and smells of a new family meal
- 27 Make a list of things that have helped you cope with difficult times
- 28 Tell someone you love how much they mean to you and why
- 29 Do something good for the environment
- 30 Hold an awards ceremony to celebrate acts of kindness



"A person's a person, no matter how small"
 - Dr Seuss

ACTION FOR HAPPINESS



www.actionforhappiness.org

Find out more about the Ten Keys to Happier Living at www.actionforhappiness.org/10-keys

Keep Calm · Stay Wise · Be Kind