

Roasted Veggies with Pesto

| What to collect | |
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| Ingredients | Equipment |
| 2 red pepper, sliced | chopping board |
| 6 potatoes, 1 cm dice | knife |
| 3 carrots, 1 cm dice | roasting tray |
| 2 zucchini, diced | baking paper |
| 1 shallot, finely sliced | |
| good drizzle of olive oil | food processor |
| salt/peeper | metric measuring spoons, cups |
| | scales |
| Pesto: | spatula |
| 1 cup firmly packed mixed greens | grater |
| (rocket, parsley, basil etc) from garden | |
| ½ cup olive oil | |
| Sea salt | |
| 60g parmesan, grated | |
| $\frac{1}{4}$ cup mixed seeds (sunflower, pumpkin) | |

What to do

- 1. Heat oven to 200C.
- 2. Cut up all veggies and place in a bowl, drizzle with olive oil, salt & pepper. Roast for 30 minutes or until golden & soft.
- 3. Meanwhile, make the pesto. Place all ingredients into a food processor and process until smooth.
- 4. Once vegetables are out of oven, allow to cool slightly and then tip into a bowl. Mix through the pesto and serve.