

Principal's Report | – 3

This week in the Principal's Report the following topics are covered:

- * Prep 100 days celebrations
- * Student Health & Wellbeing
- * House Athletics Day Year 3-6
- * Ensemble Week
- * Science Week
- * Book Week
- * Congratulations 2D are publishers
- * Fathers' Day Stall - Friday 2nd Sept
- * 2023 Enrolments
- * Student Free Day - Mon. 8th August
- * Reminder - free parent webinar

BREAKFAST CLUB

8:15am-8:45am

in the PAC.

Children must arrive before 8:30am in order to be served breakfast in time.

Please email Jane if your child has any food allergies

jane.ross@education.vic.gov.au

Reporting Student Absences



Please remember to let the school know about any student absences by logging into COMPASS and entering an attendance note

Thank you

Diary Dates

*** Student Free Days***
Teacher PD's
Monday 8th August & Monday 29th August

Free Dress Day - Wed. 10th Aug
- Gold Coin Donation – to support people in NSW & Qld Flood regions

EBPS Athletics Day - Yrs 3-6
Friday 12th August

Ensemble Week Performances
Thursday 18th August
2.00-2.45pm- 5A
2.45- 3.30pm- 6N and 6T
Friday 19th August
9.30-10.15am-4L
10.15-11.00- 3D
11.30-12.15am- 3M

Hoottime Basketball Yrs 5-6
Friday 19th August

BOOK CHARACTER PADADE
Wed. 24th Aug 9am

MPSSA Athletics Carnival - Mon. 5th Sept

FOOTY DAY - Friday 16th Sept



East Bentleigh Primary School

Bignell Road
East Bentleigh 3165
Phone: 9570 3525

Email: east.bentleigh.ps@education.vic.gov.au

4th August 2022

Term 3 / Week 4, Issue 2

SCHOOL VISION:

East Bentleigh Primary School provides a rich, inviting, child-focused environment ensuring that all students feel safe and stimulated. Our students are able to achieve their full academic, creative and social potential, equipped for the challenges of lifelong learning. Students develop into healthy and confident individuals, actively contributing to the world in which they live.

At East Bentleigh Primary School we are committed to child safety.

Principal's Report - Maria Shearn

Hello everyone,

I hope you are all managing to stay warm during this cold and windy time of the year. Despite the cold weather, the promise of Spring is around the corner with our days lengthening and with the wattle starting to bloom.

August is shaping up to be a very busy month in the life of our school with the return of some much loved events. I encourage you all to ensure you note the dates for these events in your diaries early.

Prep Classes - 100 Days at School Celebration

Our prep children have celebrated this very special milestone with a day of fun and surprises, including a very special dress up day. I feel a such a sense of joy as I watch our preppies enjoying their time at school both inside and out of the classrooms. How much they have all learned in these special first 100 days.



Continued next page.....



East Bentleigh Primary School acknowledges Traditional Owners of Country throughout Australia and recognises the continuing connection to lands, waters and communities. We pay our respect to Aboriginal and Torres Strait Islander cultures and to Elders both past and present.

Principal's Report - Maria Shearn

Student Health and Wellbeing

There is a sustained focus on the promotion of mental health, on self-esteem and coping outcomes within our school, where we promote a positive school community, teach social and emotional skills, provide timely support for those with additional needs, provide parent support and facilitate early intervention for students experiencing mental health difficulties.

Mental health is a state of wellbeing, where people can meet their learning potential, cope with normal stresses and are connected to community and their friends. As well as increasing a person's opportunity and choices for life, we promote mental health and well-being as a core role in education as it helps students:

- Flourish in their education journey
- Build resilience against adversity
- Develop protective factors from mental ill-health and
- Provide them with the skills and confidence to seek-help for early intervention

The curriculum supports the teaching of mental health, well-being, and resilience through the learning areas of Health and Physical Education and the Personal and Social Capability. It focuses on supporting students to develop the understanding and skills they require to make healthy and safe choices that will enhance their own and others' health and well-being. This involves students learning:

- to recognize and regulate emotions
- to develop empathy for others and understand relationships
- work effectively in teams
- develop leadership skills and
- to manage challenging situations constructively

House Athletics - Years 3-6.

We will be holding this event next Friday 12th August starting at 9:00am finishing at 1:00pm. Students have been practising their athletic skills during PE lessons with John in order to prepare for this fun event. To get into the spirit of the day we ask that your child come to school dressed in their 'house colours'. Parent spectators are not only welcomed but strongly encouraged to attend and join in the fun.

Ensemble Week

Our instrumental team has planned for the return of Ensemble Week for Week 6. During the week all instrumental students will firstly be grouped into mixed ensembles by their teachers, then spend the first half of the week learning a new piece to perform for parents later in the week. See below for when each class group ensembles are scheduled to play. The performances will take place in the Performing Arts Centre at:

Thursday 18th August
2.00-2.45pm- 5A
2.45- 3.30pm- 6N and 6T
Friday 19th August
9.30-10.15am-4L
10.15-11.00- 3D
11.30-12.15am- 3M

Science Week

Week 6 is also National Science Week. The school theme for National Science Week in 2022 is *Glass: More than meets the eye*. It is based on the UN International Year of Glass. It will celebrate the many roles that glass plays in our lives – from phone screens to optical fibre to glassware in labs – plus investigating glass as a part of our sustainable future. The uses for and intrinsic nature of glass in science make it a suitable topic for investigation across all strands of science education. Our Science domain leader Melinda shared with class teachers some possible activities to use in classrooms during this week at a professional development meeting this week.

Book Week - 22nd -26th August

Parents, it's time to start talking 'books' with your children as you assist them to plan their contribution for one of our favourite annual events. We will once again be celebrating Book Week at our school with the return of the popular 'Dress as your favourite Book Character' Parade in Week 7, on Wednesday 24th August, beginning at 9.00am. Our literacy team and Library Student leaders will be running this event. We welcome parents to join in the fun and dress up as well if you can. Get those thinking caps on and have fun planning your child's costume. Oh and remember to bring along your favourite book to share with the rest of your class.

Continued next page.....

Principal's Report - Maria Shearn

Congratulations - Class 2D are Publishers

Yesterday afternoon I was invited into the 2D classroom by some very excited students who had become publishers that day. They had all written and illustrated a picture story book based on animal tales. They were all understandably very proud of their efforts.



Advance Notice - Father's Day Stall

This special day is Sunday 4th September. We will be holding our Father's Day Stall on Friday 2nd September. The indefatigable Jodie Goldfinch has been hard at work preparing for this day as she has for many years now. As Sean is in Grade 6 this year, this will be Jodie's last year at our school so we are looking for another parent to take on this role in 2023. Jodie has kindly offered to return to assist this person next year. Anyone who thinks that this may be something they'd like to do is welcome to come along on the 2nd August to meet Jodie (if you don't already know her), or alternatively could contact Jodie on 0410-689-139 Or jodiegold@bigpond.com for further details of what the role entails.

2023 Enrolments

A reminder that these are being taken at the moment. If you have a little one at home ready to start school next year and haven't quite gotten around to sending in an enrolment form, could you please do so now so we can plan accordingly. Whilst this has always been important it is even more so this year due to the severe shortage of teachers in the system.

Reminder- Student Free Day- Monday 8th August

Our teachers and ES staff will be attending the first of 4 days learning about the Berry St Education Model on Monday 8th August. Children are not required to attend school next Monday.

*** REMINDER to register for our free parent webinar ***



Presenter: Carley McGauran

Date: Thursday 18 August

Time: 7.30pm (60 min)

Here is the link for parents to register for the webinar: www.bif.ly/18aug2022

we ask that this link is only shared directly with our school community and not posted on public forums like Facebook

Once parents register (with an email address and name), they will be emailed a link to the webinar. They will also receive a reminder email on the day of the webinar as well as 15min before start time. The following day, they will receive a link to access the replay. Therefore we recommend even if parents are unable to attend the live webinar, they register to ensure they can access the replay.

Until next time - Maria Shearn Principal 😊

"The best way to not feel hopeless is to get up and do something. Don't wait for good things to happen to you. If you go out and make some good things happen, you will fill the world with hope, you will fill yourself with hope."
— Barack Obama

Parent Information

Literacy @ East Bentleigh PS

In Writing this term, Grade 2 Mainstream, have been studying how authors write to engage an audience. We focussed on the author, Margaret Wild, in particular her story 'Fox'.

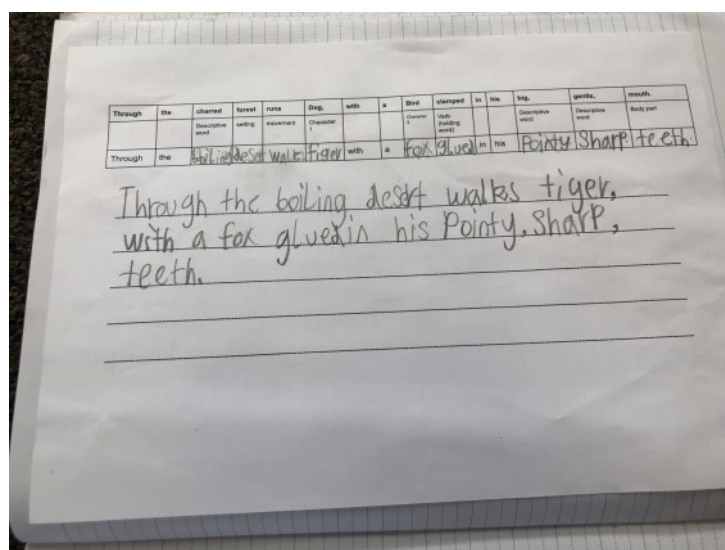
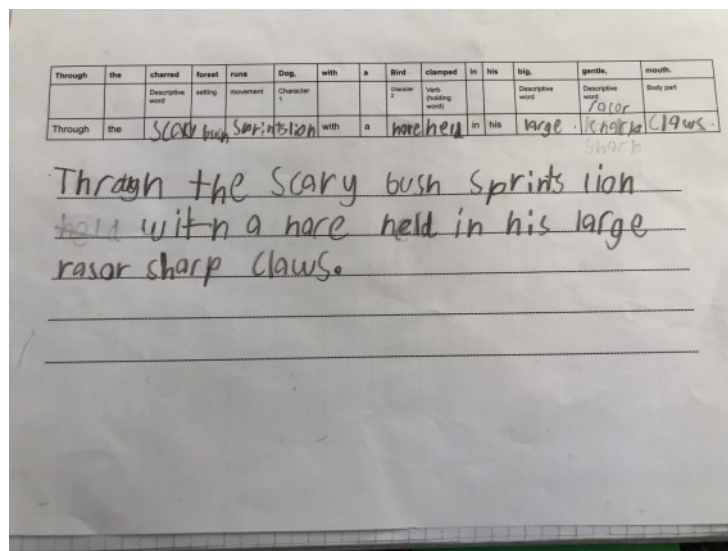
Grade 2J studied her word choice, sentence structure, ideas and organisation.

In this piece of work, students unpacked a sentence from the story, and used the sentence structure to write like Margaret Wild.

Here are some students work:

Harper -Through the boiling desert walks tiger, with a fox glued in his pointy, sharp, teeth.

Cooper -Through the scary bush sprints lion, with a hare held in his large, razor sharp, claws.



Maths at EBPS

Maths in 3/4

In years 3 and 4, we use a mixture of games, challenging maths tasks, hands on activities, online tasks and workbooks activities to develop our mathematical understanding. Here is an example of some tasks recently undertaken to revise our subtraction strategies while utilising our problem-solving skills.

Race to Zero – Subtraction Game

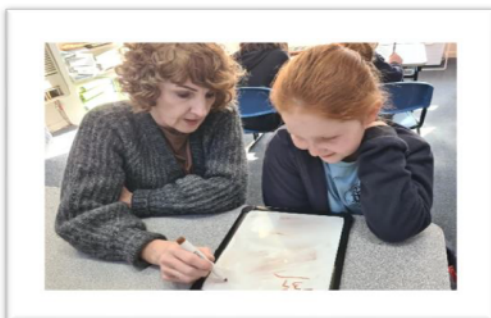
This can be played using cards or dice. Each player starts with the number 100 and subtracts the amount on the playing card or dice, taking turns. The winner is the player who reaches 0 the first.



Challenging Maths Task – Subtraction Reverses

Our mission was to find out if the following statement was true:

If you start with any 2-digit number and repeat this “subtracting reverses” process, you eventually end with 0.



Our example was:

The reversal of 27 is 72, so now we need to find the difference between those two numbers. $72 - 27 = 45$.
The reversal of 45 is 54, so we need to find the difference between those two numbers. $54 - 45 = 9$
The reversal of 9 is 9, so we take the difference of 9 and itself. $9 - 9 = 0$

Using a hundreds chart, we worked collaboratively to test every single 2 digit number!

What did we discover?

I know now off by heart what 54 minus 45 is – it is 9. CW

Some of the sums were easy and some were challenging. JC

The numbers with the same digits in the tens and ones columns were easy. LJT

When you use reverse subtraction on a 2 digit number it does equal 0! JTL

If the number was 45 or 54 you would end up the same question and answer! SH

98 minus 89 was challenging as it was a bigger number and used trading. AB



What are we left wondering – Would it work for 3 digit numbers too?

Maths at EBPS

Maths Association of Victoria - Games Day

On Thursday 28th of July, Kaia B., Ruilin Z., Joshua B., and Zoharel B. from Year 5 (Steiner and Mainstream) represented East Bentleigh Primary School at the Maths Association of Victoria (MAV) Games Day. The Games Day is an opportunity for students to develop their mathematical talents, thinking skills, work with like-minded students from a diverse range of schools, and participate in various exciting activities. The participants are drawn from those who have a keen interest in mathematics and who can operate as a team. This year the competition was held at St Patrick's Catholic Parish Primary School and had 18 competing schools. East Bentleigh Primary School earned a high score overall and are keen to participate in the coming years.



Wellbeing at EBPS

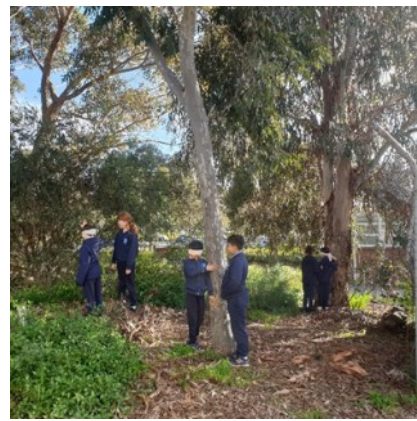
Wellbeing in Prep J and Prep S

This week in Prep J and Prep S we have been learning about 'being calm'. The children brainstormed lots of great ideas of activities they can do to keep calm. We incorporated our lesson on 'calming activities' into our writing for the week and everyone wrote down what one thing that makes them feel calm. Check out some of these wonderful sentences and creative artworks below from our Preps!



GARDEN NEWS

July 31st was **International Tree Day** and this week in garden classes we have got to know our trees at school by playing the "meet a tree" game. This involved partnering up with a guide who led the blindfolded person to a tree and helped them use their senses other than sight to explore it. They were then carefully lead back to the meeting ground where taking off their blindfold they had to guess which tree they'd been introduced to. All students enjoyed this and could work out their tree's special features.



Each tree has a story too - who planted the special Japanese rain tree near the kinder which has segmented leaves with leaflets? Why do some Boonwurrung trees like She oak and Blackwood have pretend leaves called phyllodes? Where are there real leaves? Which tree has the longest leaves, or a hollow in the trunk, or a community of spiders living on it?

Students were surprised to know all our trees on our school grounds are really only "bubup"s (children), our tallest ones might be 20 or 30 years old but they could live for hundreds of years if they are nurtured.

All the ones we've planted in the past few years for our Biodiversity corridor are really only babies, we must care for them until they are strong enough to look after themselves. We must stop snapping the branches, pulling off the leaves, and carving into the trunks. It hurts them and they cannot run away or tell you to stop. We should protect our country and its plants and animals like the Boonwurrung people do, knowing we all help each other and have reason to live in this world. This poor Drooping Sheoak has really been hurt:



Students asked what the oldest tree in our school was and were surprised to know it is a grandfather "bial" (river redgum tree) over 200 years old, most likely closer to 300 years.

It's not alive anymore but it's still here reminding us of how big our "bubup bials" might grow one day which we've planted on the hills near the oval.

Go and befriend a tree in your garden or neighbourhood. August is the windy season throughout our country and it's a great time to close your eyes and listen to the wind talking through the tree...each tree has a different language or song to share with you!

E.B.P.S HOUSE ATHLETICS Year 3-6

Friday 12th August 2022

9-1pm

School/Moorleigh Oval

100m, High Jump, Discus, Gaga Ball, Long Jump, Shot Put

Students can wear their House Colours on the Day.

We require the help of parents in scoring and marshalling for the day.

Please contact John at school if you can assist.



SELF- EXPRESSION

YOUTH ART EXHIBITION 2022

**YAE
22**

*Evasive Flight, Laura Wharton
Youth Art Exhibition 2021 entrant*

Calling all young people aged five to 25 with a link to Glen Eira (live, work or study). Submit your best artwork to be displayed in our annual Youth Art Exhibition — Self-Expression.

Hosted by Glen Eira City Council's Youth Event and Leadership Team, this event recognises and encourages young people's creativity and passion for art, encompassing the best parts of the Glen Eira community.

**SUBMIT YOUR ARTWORK
VIA OUR QR CODE**

Submissions open
Wednesday 22 June, 9am

Submissions close
Friday 19 August, 5pm

For more information, please visit
www.gleneira.vic.gov.au/yae

EXHIBITION OPEN
THURSDAY 1 SEPTEMBER TO
SUNDAY 2 OCTOBER 2022

Glen Eira Gallery
Corner Glen Eira and Hawthorn Roads,
Caulfield VIC 3162

PRESENTATION NIGHT
THURSDAY 15 SEPTEMBER, 6PM-8PM

ENTRANT CATEGORIES AND PRIZES

One winner for each entrant category.

JUNIOR	SENIOR
5-9 years	14-17 years
Prize to the value of \$100	Prize to the value of \$250
10-13 years	18-25 years
Prize to the value of \$150	Prize to the value of \$300

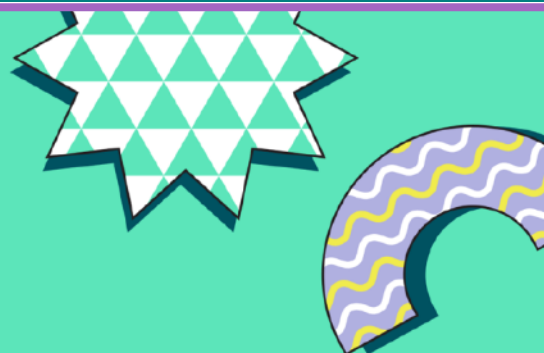
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Newsletter



www.campaustralia.com.au/bookworms

From August 22 to 26, celebrate National Book Week with us at Your OSHC. Plus, join our read-a-thon happening between August 15 to 29.



[Find out more](#)

Hello Parents & Families,

The last two weeks was full of fun, enthusiasm, and excitement. Children exhibited amazing creativity and were very proud learners. The activities that children loved the most were mini canvas art, shrink film designs and woollen dolls.

In the upcoming weeks, we will be guiding children's growth with crafts, painting, and outdoor activities. We aspire to cater to your children's needs, interests and abilities therefore will always have a variety of activities at OSHC so they can have an enjoyable time!

We are also celebrating "Book Week" in week 7, children are already very excited about the program with their favourite stories to show and tell.

If you have any questions regarding our program plan, please feel free to call us on 0422836342 or can visit us in the school library.

Thanks and Warm regards,

Nidhi Srivastava



Activities coming up

- Origami
- Poster designing
- Props design
- Bookmark craft



What's on the menu

- Chocolate Muffins
- Rainbow Pancakes
- Rice Pudding

It's free to register

To attend our program, you must register your child. You can register an account with us at pp.campaustralia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



Visit our blog

New articles are added each week for parents and cover various topics to help families.

[Visit our blog](#)

INSIGHTS

by Michael Grose - leading parenting educator



Helping kids deal with rejection

A bit of rejection and disappointment is good for kids, as long as they learn how to cope with it.....

One of the keys to functioning socially and emotionally is the ability to deal with disappointment and rejection.

Most children experience some type of rejection from their peers throughout childhood. One study found that even popular children were rejected about one quarter of the time when they approached children in school.

Paradoxically, children's experience of rejection and disappointment at school is good for them, as long as it's balanced with successful experiences too. They learn that they can cope and solve problems in their own way and that bad experiences don't last forever.

And they learn that sadness and disappointment can be managed too, which is an important lesson to learn to take into adolescence and beyond, when life is full of ups and downs.

Helping them move on

Most children recover from such rejection. They move on and form constructive, worthwhile relationships but some children need help. They often take rejection personally, blaming themselves. As a parent it is useful to challenge children's unhelpful thinking and encourage them to look for new friendship opportunities. Parents can help children understand that rejection may happen for any number of reasons that are unrelated to them.

In the course of a school day children will meet with a number of challenges and even setbacks. They may struggle with some schoolwork. They may not do well in a test and they may not be picked for a game that they wanted to play. Children grow stronger when they overcome their difficulties. The challenge for parents is to build and maintain children's confidence levels to help them get through the rough times.

One way to help children deal with rejection and disappointment is to talk through problems or difficulties, recognising and accepting their feelings. Talk about various scenarios, discussing possible outcomes. The age of your child will determine the amount of detail. Keep things simple and avoid burdening a younger child with concepts he or she doesn't understand.

Your attitude as a parent can make a huge difference to how a child reacts. If you see rejection or disappointments as problems then your child will be hamstrung by this view. See them as challenges then your child, in all likelihood, will pick up your upbeat view and deal with disappointments easily. After all, confidence is catching!

To help children handle rejection and disappointment try the following four strategies:

1. **Model** optimism. Watch how you present the world to children, as they will pick up your view.
2. **Tell** children how you handle disappointment and rejection. Not only is it reassuring for children to know that their parents understand how they feel but they can learn a great deal by how their parents handle situations.
3. **Help** children recognise times in the past when they bounced back from disappointment. Help them recognise those same strategies can be used again.
4. **Laugh** together. Humour is a great coping mechanism. It helps put disappointment in perspective. It helps them understand that things will get better. They always do.

The stronger the wind the stronger the trees is the notion here. Supporting kids to handle life's hurdles helps them to develop a lasting sense of resilience, which is essential for good mental and emotional health.

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