

BULLETIN



East Bentleigh
Primary School

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Term 1 / Week 6 : 10th Mar 2022

SCHOOL VISION: East Bentleigh Primary School provides a rich, inviting, child-focused environment ensuring that all students feel safe and stimulated. Our students are able to achieve their full academic, creative and social potential, equipped for the challenges of lifelong learning. Students develop into healthy and confident individuals, actively contributing to the world in which they live.

At East Bentleigh Primary School we are committed to child safety.

Hello everyone,

Free Parent Webinar - tonight

This year we have partnered with Inform and Empower and other local network schools to provide a series of FREE 'Healthy Families' parent education seminars for our families. A reminder that the first in our series of parent webinars is on tonight at 7.30pm.

Tonight's topic is 'Raising Kids in a Digital World'. If you can't make it tonight, I encourage you to register anyway on www.bit.ly/10march2022. When you do, you will receive a link to the webinar that you can then watch at your convenience. There will be 3 further webinars, (1 per term) during 2022, dates to be advised.

The remaining topics are: Managing Anxiety and other big feelings (Tweens). Reduce chaos and increase calm. Tackling tricky conversations.

School Council Elections

Our 2022 school council is still on the lookout for 2 parents to fill 2 still vacant positions. This group meets formally 8 times per year and is a great way to learn about all the moving parts that make a vibrant learning community such as ours tick. Our next scheduled meeting is on Monday 21st March. We would love to be able to start the year with a full complement of parent representatives.

World Events

For those in our community who have family and friends in Ukraine, our thoughts are with you at this very shocking time. The unthinkable has happened! Following months of speculation and the massing of Russian troops near Ukraine, Russia invaded Ukraine last week. Our thoughts are certainly with the people of Ukraine as they try to cope with this invasion and the devastating impact it has had, and will continue to have, on all the peoples of the Ukraine. Additionally the flooding events along our own east coast are causing much misery and sadness to many Australians who have lost absolutely everything they have. I'm sure I'm not the only one tiring of comments such as 'a once in 100 year flood' from politicians who sit firmly on their hands in the face of climate change when there's so much we could be doing to mitigate these all too frequent devastating events.

Sue and I spoke with our school captains today as to what we could do as a school community to assist students in the flooded areas. We will advise when our plans are finalised.

The days and weeks ahead remain uncertain, and so we encourage families to be mindful of the support their children may need at home. Please be mindful of what your children may be viewing via TV or social media platforms.

Please contact us if you need help navigating this complex and sensitive issue at home.

Kids helpline www.kidshelpline.com.au 1800 55 1800 Telephone counselling service for people aged between 5 and 25 / 24-hour service.

Until next time.....Maria Shearn - Principal 😊

TERM 1 10 MAR RAISING KIDS IN A DIGITAL WORLD Social media, gaming, screen time, cyberbullying and more. Co-presented with Marty (primary school cyber safety educator).	TERM 2 TBC MANAGING ANXIETY & OTHER BIG FEELINGS (FOR TWEENS) Practical ideas and strategies for understanding, and better supporting, your child struggling with big feelings, including anxiety.
TERM 3 TBC REDUCE CHAOS & INCREASE CALM Practical ideas and strategies for a calmer household. We'll explore mindfulness, communication & ways to foster a greater sense of family connection.	TERM 4 TBC TACKLING TRICKY CONVERSATIONS Practical ideas and strategies to start and continue healthy conversations that are critical to your child's safety and wellbeing, including sexuality, pornography, self harm and suicide risk.

MPSSA District Swimming

Yesterday, twenty-one students competed at the MPSSA swimming event at GESAC. It was windy conditions that greeted us, but to the students credit they all performed to the best of their ability.

Special congratulations go to the following students who were placed in their races.

2nd - Maisie. S - 9/10 Girls Backstroke

2nd - Jarvis. W - 9/10 Boys Freestyle

2nd - Elias. H - 12/13 Boys

3rd - Elias. H - 12/13 Boys Freestyle

3rd - Elias. H, George. H, Lenny. D, Louis. O - 12/13 Boys Freestyle Relay

Thanks also to Tanja and Timm for their help on the day.

John Seary - PE Teacher

East Bentleigh Primary School acknowledges Traditional Owners of Country throughout Australia and recognises the continuing connection to lands, waters and communities. We pay our respect to Aboriginal and Torres Strait Islander cultures and to Elders both past and present.

