



## Banana & Buckwheat Pancakes

<b>What to collect</b>	
<b>Ingredients</b>	<b>Equipment</b>
1 ½ cups mashed bananas (about 3)	bowl
4 eggs	fork
2/3 cup (100g) buckwheat flour	metric measuring cups/spoons
2 teaspoons vanilla extract	frying pan
1 teaspoon ground cinnamon	lifter
1 teaspoon baking powder	
1/3 cup currants	
rice bran oil for frying	

### **What to do**

1. Place banana, eggs, flour, vanilla, cinnamon, baking powder and currant into a large bowl and stir well to combine.
2. Heat a large frying pan over low heat, brush with a little oil and in batches cook pancake mixture for 4 minutes on either side or until golden.